# First Regular Session Seventy-second General Assembly STATE OF COLORADO

# REENGROSSED

This Version Includes All Amendments Adopted in the House of Introduction HOUSE BILL 19-1120

LLS NO. 19-0071.01 Shelby Ross x4510

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# A BILL FOR AN ACT

#### 101 CONCERNING MULTIPLE APPROACHES TO PREVENT YOUTH SUICIDE,

102

AND, IN CONNECTION THEREWITH, MAKING AN APPROPRIATION.

## **Bill Summary**

(Note: This summary applies to this bill as introduced and does not reflect any amendments that may be subsequently adopted. If this bill passes third reading in the house of introduction, a bill summary that applies to the reengrossed version of this bill will be available at <u>http://leg.colorado.gov</u>.)

The bill allows a minor 12 years of age or older to seek and obtain psychotherapy services with or without the consent of the minor's parent or guardian. A registered psychotherapist or licensed social worker providing psychotherapy services to a minor may, with the consent of the minor, advise the minor's parent or legal guardian of the psychotherapy services provided.

Amended 2nd Reading April 12, 2019

HOUSE

The bill requires the department of education, in consultation with the office of suicide prevention (office), the youth advisory council, and the suicide prevention commission, to create and maintain a mental health education literacy resource bank. The resource bank is available to the public free of charge.

The bill requires the state board of education to adopt standards related to mental health, including suicide prevention.

1	Be it enacted by the General Assembly of the State of Colorado:
2	<b>SECTION 1. Legislative declaration.</b> (1) The general assembly
3	finds that:
4	(a) The federal centers for disease control and prevention found
5	suicide to be the tenth leading cause of death for all ages in 2017 and is
6	currently the leading cause of death for Colorado youth who are ten
7	through fourteen years of age;
8	(b) According to the Colorado Health Institute, Colorado has the
9	tenth highest suicide rate in the nation, and rates of suicide in the eastern
10	plains of Colorado doubled from 2016 to 2017;
11	(c) According to the national institute of mental health,
12	approximately twenty-one-point-four percent of youth who are eight
13	through fifteen years of age experience a severe mental health disorder;
14	(d) According to the American Association of Suicidology, the
15	suicide rate for youth who are ten through fourteen years of age has
16	increased by more than fifty percent over the past three decades; and
17	(e) Youth who are ten through fourteen years of age often avoid
18	obtaining, or are legally unable to obtain without parental consent,
19	outpatient psychotherapy services that would help them prior to reaching
20	crisis levels because they are embarrassed or concerned about speaking
21	with their parent or legal guardian about their mental health concerns and
22	situations.

1 (2) The general assembly therefore declares that it is a matter of 2 statewide concern to allow youth who are twelve years of age or older to 3 have legal access to outpatient psychotherapy services that might 4 otherwise be unavailable without the consent of or notification to the 5 youth's parent or legal guardian. Providing these youth with access to 6 outpatient psychotherapy services is intended to reduce youth suicides and 7 allow registered psychotherapists and licensed social workers to work 8 with youth to teach them functional coping skills. Mental health 9 professionals would have further opportunity to help these youth build 10 healthy connections with parents or legal guardians by increasing 11 communication and strengthening the bond between parent and child, 12 thus building an ongoing nonclinical support system for youth to use to 13 manage their mental health concerns.

14 SECTION 2. In Colorado Revised Statutes, 12-43-201, amend 15 (9)(a) as follows:

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12-43-201. Definitions. As used in this article 43, unless the 17 context otherwise requires:

18 (9) (a) "Psychotherapy", OR "PSYCHOTHERAPY SERVICES", means 19 the treatment, diagnosis, testing, assessment, or counseling in a 20 professional relationship to assist individuals or groups to alleviate 21 behavioral and mental health disorders; understand unconscious or 22 conscious motivation; resolve emotional, relationship, or attitudinal 23 conflicts; or modify behaviors that interfere with effective emotional, 24 social, or intellectual functioning. Psychotherapy follows a planned 25 procedure of intervention that takes place on a regular basis, over a period 26 of time, or in the cases of testing, assessment, and brief psychotherapy, 27 psychotherapy can be a single intervention.

1	SECTION 3. In Colorado Revised Statutes, add 12-43-202.5 as
2	follows:
3	12-43-202.5. Minors - consent for outpatient psychotherapy
4	services - immunity - definition. (1) AS USED IN THIS SECTION, UNLESS
5	THE CONTEXT OTHERWISE REQUIRES, "MENTAL HEALTH PROFESSIONAL"
6	INCLUDES A PROFESSIONAL PERSON AS DEFINED IN SECTION $27-65-102$
7	(17); A MENTAL HEALTH PROFESSIONAL LICENSED PURSUANT TO PART $3$ ,
8	4, 5, 6, OR 8 OF THIS ARTICLE 43; OR A SCHOOL SOCIAL WORKER LICENSED
9	BY THE DEPARTMENT OF EDUCATION.
10	(2) NOTWITHSTANDING ANY OTHER PROVISION OF LAW, A MENTAL
11	HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION $(1)$ OF THIS SECTION
12	MAY PROVIDE PSYCHOTHERAPY SERVICES, AS DEFINED IN SECTION
13	12-43-201 (9)(a), TO A MINOR WHO IS TWELVE YEARS OF AGE OR OLDER,
14	WITH OR WITHOUT THE CONSENT OF THE MINOR'S PARENT OR LEGAL
15	GUARDIAN, IF THE MENTAL HEALTH PROFESSIONAL DETERMINES THAT:
16	(a) The minor is knowingly and voluntarily seeking such
17	SERVICES; AND
18	(b) THE PROVISION OF PSYCHOTHERAPY SERVICES IS CLINICALLY
19	INDICATED AND NECESSARY TO THE MINOR'S WELL-BEING.
20	(3) (a) The mental health professional may notify the
21	MINOR'S PARENT OR LEGAL GUARDIAN OF THE PSYCHOTHERAPY SERVICES
22	GIVEN OR NEEDED, WITH THE MINOR'S CONSENT, OR, WITH THE CONSENT
23	OF THE INDIVIDUAL WHO A COURT HAS ORDERED HOLDS THE MINOR'S
24	THERAPEUTIC PRIVILEGE, UNLESS NOTIFYING THE PARENT OR LEGAL
25	GUARDIAN WOULD BE INAPPROPRIATE OR DETRIMENTAL TO THE MINOR'S
26	CARE AND TREATMENT.
27	(b) The mental health professional shall engage the

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MINOR IN A DISCUSSION ABOUT THE IMPORTANCE OF INVOLVING AND
 NOTIFYING THE MINOR'S PARENT OR LEGAL GUARDIAN AND SHALL
 ENCOURAGE SUCH NOTIFICATION TO HELP SUPPORT THE MINOR'S CARE AND
 TREATMENT.

5 (c) NOTWITHSTANDING THE PROVISIONS OF SUBSECTION (3)(a) OF
6 THIS SECTION, A MENTAL HEALTH PROFESSIONAL MAY NOTIFY THE MINOR'S
7 PARENT OR LEGAL GUARDIAN OF THE PSYCHOTHERAPY SERVICES GIVEN OR
8 NEEDED, WITHOUT THE MINOR'S CONSENT, IF IN THE PROFESSIONAL
9 OPINION OF THE MENTAL HEALTH PROFESSIONAL, THE MINOR IS UNABLE TO
10 MANAGE THE MINOR'S CARE OR TREATMENT.

11 (4) A MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION 12 (1) OF THIS SECTION SHALL FULLY DOCUMENT WHEN THE MENTAL HEALTH 13 PROFESSIONAL ATTEMPTS TO CONTACT OR NOTIFY THE MINOR'S PARENT OR 14 LEGAL GUARDIAN, AND WHETHER THE ATTEMPT WAS SUCCESSFUL OR 15 UNSUCCESSFUL, OR THE REASON WHY, IN THE MENTAL HEALTH 16 PROFESSIONAL'S OPINION, IT WOULD BE INAPPROPRIATE TO CONTACT OR 17 NOTIFY THE MINOR'S PARENT OR LEGAL GUARDIAN. DOCUMENTATION 18 MUST BE INCLUDED IN THE MINOR'S CLINICAL RECORD, ALONG WITH A 19 WRITTEN STATEMENT SIGNED BY THE MINOR INDICATING THAT THE MINOR 20 IS VOLUNTARILY SEEKING PSYCHOTHERAPY SERVICES.

(5) PSYCHOTHERAPY SERVICES MUST BE PROVIDED IN A
CULTURALLY APPROPRIATE MANNER. WRITTEN AND ORAL INSTRUCTION,
TRAINING OF PROVIDERS AND STAFF, AND THE OVERALL PROVISION OF
SERVICES MUST BE CULTURALLY APPROPRIATE AND PROVIDED IN A
MANNER AND FORMAT TO SUPPORT INDIVIDUALS WITH LIMITED ENGLISH
PROFICIENCY OR CHALLENGES WITH ACCESSIBILITY RELATED TO A
DISABILITY AND WITH RESPECT FOR DIVERSE BACKGROUNDS, INCLUDING

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INDIVIDUALS WITH DIFFERENT CULTURAL ORIGINS AND INDIVIDUALS WHO
 ARE LESBIAN, GAY, BISEXUAL, OR TRANSGENDER.

3 (6) AS USED IN THIS SECTION, PSYCHOTHERAPY SERVICES DO NOT
4 INCLUDE INPATIENT PSYCHOTHERAPY SERVICES. PSYCHOTROPIC
5 MEDICATION MAY NOT BE PRESCRIBED TO A MINOR WHO IS FOURTEEN
6 YEARS OF AGE OR YOUNGER WITHOUT PARENTAL CONSENT.

7 (7) IF A MINOR WHO IS RECEIVING PSYCHOTHERAPY SERVICES
8 PURSUANT TO THIS SECTION COMMUNICATES A CLEAR AND IMMINENT
9 INTENT OR THREAT TO INFLICT SERIOUS BODILY HARM ON THEMSELVES OR
10 OTHERS, THE MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION
11 (1) OF THIS SECTION IS SUBJECT TO THE NOTIFICATION PROVISIONS OF
12 SECTION 13-21-117 (2).

13 (8) IF A MINOR WHO IS RECEIVING PSYCHOTHERAPY SERVICES
14 PURSUANT TO THIS SECTION COMMUNICATES AN INTENT TO COMMIT
15 SUICIDE, THE MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION
16 (1) OF THIS SECTION SHALL NOTIFY THE MINOR'S PARENT OR LEGAL
17 GUARDIAN OF SUCH SUICIDOLOGY.

18 SECTION 4. In Colorado Revised Statutes, add 22-2-127.9 as
19 follows:

20 22-2-127.9. Mental health education literacy - resource bank 21 - technical assistance. (1) THE DEPARTMENT, WITH ASSISTANCE FROM 22 THE OFFICE OF SUICIDE PREVENTION CREATED PURSUANT TO SECTION 23 25-1.5-101 (1)(w)(I), THE COLORADO YOUTH ADVISORY COUNCIL 24 CREATED PURSUANT TO SECTION 2-2-1302, AND THE SUICIDE PREVENTION 25 COMMISSION CREATED PURSUANT TO SECTION 25-1.5-111, SHALL CREATE 26 AND MAINTAIN A RESOURCE BANK OF EVIDENCE-BASED, RESEARCH-BASED, 27 AND PROMISING PROGRAM MATERIALS AND CURRICULA PERTAINING TO

1 MENTAL HEALTH, WHICH MATERIALS AND CURRICULA MAY BE USED IN 2 ELEMENTARY AND SECONDARY SCHOOLS IN THE STATE. THE RESOURCE 3 BANK AND CURRICULA MUST BE YOUTH-FRIENDLY, CULTURALLY 4 SENSITIVE, AND AVAILABLE IN BOTH ENGLISH AND SPANISH. IN CREATING 5 THE RESOURCE BANK AND CURRICULA, THE DEPARTMENT MAY PROVIDE 6 INTERNET LINKS TO RESOURCES AND MATERIALS PERTAINING TO MENTAL 7 HEALTH AVAILABLE FROM OTHER ENTITIES THAT THE DEPARTMENT FINDS 8 RELIABLE. ADDITIONALLY, THE DEPARTMENT SHALL SOLICIT INPUT FROM 9 PERSONS, INCLUDING YOUTH, WITHIN AND OUTSIDE OF THE MENTAL 10 HEALTH PROFESSION, INCLUDING BOTH COMMUNITY AND SCHOOL MENTAL 11 HEALTH PROFESSIONALS. SUBJECT TO AVAILABLE APPROPRIATIONS, THE 12 DEPARTMENT SHALL SOLICIT REQUESTS FOR INFORMATION AND MAY 13 CONTRACT FOR: 14 (a) THE ORGANIZATION AND ENHANCEMENT OF THE RESOURCE 15 BANK, INCLUDING MATERIALS ON THE PREVENTION OF SUICIDE AND 16 EDUCATION ON MENTAL HEALTH; 17 (b) THE DEVELOPMENT OF MENTAL HEALTH CURRICULA FOR 18 SCHOOLS AND PROVIDING SUCH CURRICULA TO SCHOOLS; AND 19 (c) TRAINING FOR EDUCATORS AND SCHOOL STAFF CONCERNING 20 MENTAL HEALTH. 21 (2) ON AND AFTER JULY 1, 2020, THE DEPARTMENT SHALL MAKE 22 MATERIAL IN THE RESOURCE BANK AVAILABLE WITHOUT CHARGE TO 23 SCHOOL DISTRICTS, CHARTER SCHOOLS, INSTITUTE CHARTER SCHOOLS, 24 BOARDS OF COOPERATIVE SERVICES, PROFESSIONAL EDUCATORS, PARENTS 25 OR GUARDIANS OF YOUTH, STUDENTS, AND COMMUNITY PROVIDERS. AT 26 THE REQUEST OF A SCHOOL DISTRICT, CHARTER SCHOOL, INSTITUTE 27 CHARTER SCHOOL, OR BOARD OF COOPERATIVE SERVICES, THE

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DEPARTMENT SHALL PROVIDE TECHNICAL ASSISTANCE TO THE SCHOOL
 DISTRICT, CHARTER SCHOOL, INSTITUTE CHARTER SCHOOL, OR BOARD OF
 COOPERATIVE SERVICES IN DESIGNING AGE-APPROPRIATE CURRICULA
 PERTAINING TO MENTAL HEALTH.

5 (3) THE MATERIALS AND RESOURCES AVAILABLE TO STUDENTS
6 MUST BE DEVELOPED AND UPDATED WITH INPUT FROM YOUTH.

7 (4) SCHOOL DISTRICTS, CHARTER SCHOOLS, INSTITUTE CHARTER 8 SCHOOLS, AND BOARDS OF COOPERATIVE SERVICES ARE ENCOURAGED TO 9 REPORT TO THE DEPARTMENT ON THE EFFECTIVENESS OF THE RESOURCE 10 BANK AND CURRICULA AND TO RECOMMEND CHANGES TO IMPROVE THE 11 RESOURCE BANK OR CURRICULA. THE DEPARTMENT IS ENCOURAGED TO 12 UPDATE THE RESOURCE BANK AND CURRICULA BASED ON 13 RECOMMENDATIONS FROM SCHOOL DISTRICTS, CHARTER SCHOOLS, 14 INSTITUTE CHARTER SCHOOLS, BOARDS OF COOPERATIVE SERVICES, 15 PROFESSIONAL EDUCATORS, PARENTS OR GUARDIANS OF YOUTH, 16 STUDENTS, AND COMMUNITY PROVIDERS.

SECTION 5. In Colorado Revised Statutes, 22-7-1005, add (2.3)
as follows:

19 22-7-1005. Preschool through elementary and secondary 20 education - aligned standards - adoption - revisions. (2.3) ON OR 21 BEFORE JULY 1, 2020, THE STATE BOARD SHALL ADOPT STANDARDS THAT 22 IDENTIFY THE KNOWLEDGE AND SKILLS THAT AN ELEMENTARY THROUGH 23 SECONDARY EDUCATION STUDENT SHOULD ACQUIRE RELATED TO MENTAL 24 HEALTH, INCLUDING SUICIDE PREVENTION. WHEN THE STATE BOARD IS 25 ADOPTING STANDARDS, THE STATE BOARD SHALL TAKE INTO ACCOUNT 26 WHAT LOCAL EDUCATION PROVIDERS ARE CURRENTLY TEACHING WITH 27 REGARD TO MENTAL HEALTH.

1	SECTION 6. In Colorado Revised Statutes, amend as relocated
2	by House Bill 19-1172 12-245-202 (14)(a) as follows:
3	12-245-202. Definitions. As used in this article 245, unless the
4	context otherwise requires:
5	(14) (a) "Psychotherapy" OR "PSYCHOTHERAPY SERVICES" means
6	the treatment, diagnosis, testing, assessment, or counseling in a
7	professional relationship to assist individuals or groups to alleviate
8	behavioral and mental health disorders, understand unconscious or
9	conscious motivation, resolve emotional, relationship, or attitudinal
10	conflicts, or modify behaviors that interfere with effective emotional,
11	social, or intellectual functioning. Psychotherapy follows a planned
12	procedure of intervention that takes place on a regular basis, over a period
13	of time, or in the cases of testing, assessment, and brief psychotherapy,
14	psychotherapy can be a single intervention.
15	SECTION 7. In Colorado Revised Statutes, add to article 245
16	as relocated by House Bill 19-1172 12-245-203.5 as follows:
17	12-245-203.5. Minors - consent for outpatient psychotherapy
18	services - immunity - definition. (1) AS USED IN THIS SECTION, UNLESS
19	THE CONTEXT OTHERWISE REQUIRES, "MENTAL HEALTH PROFESSIONAL"
20	INCLUDES A PROFESSIONAL PERSON AS DEFINED IN SECTION $27-65-102$
21	(17); A MENTAL HEALTH PROFESSIONAL LICENSED PURSUANT TO PART $3$ ,
22	4, 5, 6,  or  8  of this article  245;  or a school social worker licensed
23	BY THE DEPARTMENT OF EDUCATION.
24	(2) NOTWITHSTANDING ANY OTHER PROVISION OF LAW, A MENTAL
25	HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION $(1)$ OF THIS SECTION
26	MAY PROVIDE PSYCHOTHERAPY SERVICES, AS DEFINED IN SECTION
27	12-245-202(14)(a), to a minor who is twelve years of age or older,

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1 WITH OR WITHOUT THE CONSENT OF THE MINOR'S PARENT OR LEGAL 2 GUARDIAN, IF THE MENTAL HEALTH PROFESSIONAL DETERMINES THAT: 3 (a) THE MINOR IS KNOWINGLY AND VOLUNTARILY SEEKING SUCH 4 SERVICES; AND 5 (b) THE PROVISION OF PSYCHOTHERAPY SERVICES IS CLINICALLY 6 INDICATED AND NECESSARY TO THE MINOR'S WELL-BEING. 7 (3) (a) THE MENTAL HEALTH PROFESSIONAL MAY NOTIFY THE 8 MINOR'S PARENT OR LEGAL GUARDIAN OF THE PSYCHOTHERAPY SERVICES 9 GIVEN OR NEEDED, WITH THE MINOR'S CONSENT, UNLESS NOTIFYING THE 10 PARENT OR LEGAL GUARDIAN WOULD BE INAPPROPRIATE OR DETRIMENTAL 11 TO THE MINOR'S CARE AND TREATMENT. 12 (b) THE MENTAL HEALTH PROFESSIONAL SHALL ENGAGE THE 13 MINOR IN A DISCUSSION ABOUT THE IMPORTANCE OF INVOLVING AND 14 NOTIFYING THE MINOR'S PARENT OR LEGAL GUARDIAN AND SHALL 15 ENCOURAGE SUCH NOTIFICATION TO HELP SUPPORT THE MINOR'S CARE AND TREATMENT. 16 17 (c) NOTWITHSTANDING THE PROVISIONS OF SUBSECTION (3)(a) OF 18 THIS SECTION, A MENTAL HEALTH PROFESSIONAL MAY NOTIFY THE MINOR'S 19 PARENT OR LEGAL GUARDIAN OF THE PSYCHOTHERAPY SERVICES GIVEN OR 20 NEEDED, WITHOUT THE MINOR'S CONSENT, IF IN THE PROFESSIONAL 21 OPINION OF THE MENTAL HEALTH PROFESSIONAL, THE MINOR IS UNABLE TO 22 MANAGE THE MINOR'S CARE OR TREATMENT. 23 (4) A MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION 24 (1) OF THIS SECTION SHALL FULLY DOCUMENT WHEN THE MENTAL HEALTH 25 PROFESSIONAL ATTEMPTS TO CONTACT OR NOTIFY THE MINOR'S PARENT OR 26 LEGAL GUARDIAN, AND WHETHER THE ATTEMPT WAS SUCCESSFUL OR 27 UNSUCCESSFUL, OR THE REASON WHY, IN THE MENTAL HEALTH

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PROFESSIONAL'S OPINION, IT WOULD BE INAPPROPRIATE TO CONTACT OR
 NOTIFY THE MINOR'S PARENT OR LEGAL GUARDIAN. DOCUMENTATION
 MUST BE INCLUDED IN THE MINOR'S CLINICAL RECORD, ALONG WITH A
 WRITTEN STATEMENT SIGNED BY THE MINOR INDICATING THAT THE MINOR
 IS VOLUNTARILY SEEKING PSYCHOTHERAPY SERVICES.

6 (5)PSYCHOTHERAPY SERVICES MUST BE PROVIDED IN A 7 CULTURALLY APPROPRIATE MANNER. WRITTEN AND ORAL INSTRUCTION, 8 TRAINING OF PROVIDERS AND STAFF, AND THE OVERALL PROVISION OF 9 SERVICES MUST BE CULTURALLY APPROPRIATE AND PROVIDED IN A 10 MANNER AND FORMAT TO SUPPORT INDIVIDUALS WITH LIMITED ENGLISH 11 PROFICIENCY OR CHALLENGES WITH ACCESSIBILITY RELATED TO A 12 DISABILITY AND WITH RESPECT FOR DIVERSE BACKGROUNDS, INCLUDING 13 INDIVIDUALS WITH DIFFERENT CULTURAL ORIGINS AND INDIVIDUALS WHO 14 ARE LESBIAN, GAY, BISEXUAL, OR TRANSGENDER.

(6) AS USED IN THIS SECTION, PSYCHOTHERAPY SERVICES DO NOT
INCLUDE INPATIENT PSYCHOTHERAPY SERVICES. PSYCHOTROPIC
MEDICATION MAY NOT BE PRESCRIBED TO A MINOR WHO IS FOURTEEN
YEARS OF AGE OR YOUNGER WITHOUT PARENTAL CONSENT.

(7) IF A MINOR WHO IS RECEIVING PSYCHOTHERAPY SERVICES
PURSUANT TO THIS SECTION COMMUNICATES A CLEAR AND IMMINENT
INTENT OR THREAT TO INFLICT SERIOUS BODILY HARM ON THEMSELVES OR
OTHERS, THE MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION
(1) OF THIS SECTION IS SUBJECT TO THE NOTIFICATION PROVISIONS OF
SECTION 13-21-117 (2).

(8) IF A MINOR WHO IS RECEIVING PSYCHOTHERAPY SERVICES
PURSUANT TO SUBSECTIONS (2) AND (3) OF THIS SECTION COMMUNICATES
AN INTENT TO COMMIT SUICIDE, THE MENTAL HEALTH PROFESSIONAL

DESCRIBED IN SUBSECTION (1) OF THIS SECTION SHALL NOTIFY THE
 MINOR'S PARENT OR LEGAL GUARDIAN OF SUCH SUICIDOLOGY.

SECTION 8. Appropriation. For the 2019-20 state fiscal year,
\$116,550 is appropriated to the department of education. This
appropriation is from the general fund and is based on an assumption that
the department will require an additional 0.9 FTE. To implement this act,
the department may use this appropriation for mental health education
resource bank and technical assistance.

9 SECTION 9. Effective date. This act takes effect upon passage;
10 except that sections 6 and 7 of this act take effect only if House Bill
11 19-1172 becomes law, in which case sections 6 and 7 take effect on
12 October 1, 2019.

SECTION 10. Safety clause. The general assembly hereby finds,
 determines, and declares that this act is necessary for the immediate
 preservation of the public peace, health, and safety.