

General Assembly

January Session, 2019

Committee Bill No. 36



Referred to Committee on INSURANCE AND REAL ESTATE

Introduced by: (INS)

AN ACT PROHIBITING HEALTH CARRIERS FROM REQUIRING THE USE OF STEP THERAPY FOR DRUGS PRESCRIBED TO TREAT DISABLING, CHRONIC OR LIFE-THREATENING DISEASES OR CONDITIONS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

Section 1. Subsection (a) of section 38a-510 of the general statutes is
 repealed and the following is substituted in lieu thereof (*Effective January 1, 2020*):

(a) No insurance company, hospital service corporation, medical
service corporation, health care center or other entity delivering,
issuing for delivery, renewing, amending or continuing an individual
health insurance policy or contract that provides coverage for
prescription drugs may:

9 (1) Require any person covered under such policy or contract to 10 obtain prescription drugs from a mail order pharmacy as a condition 11 of obtaining benefits for such drugs; or

(2) Require, if such insurance company, hospital service corporation,medical service corporation, health care center or other entity uses step

14 therapy for such drugs, the use of step therapy for:

15 (A) [any] <u>Any</u> prescribed drug for longer than sixty days; [,] or

(B) [a] <u>A</u> prescribed drug for [cancer] treatment <u>of a disabling</u>,
<u>chronic or life-threatening disease or condition</u> for an insured who has
been diagnosed with [stage IV metastatic cancer] <u>such a disease or</u>
<u>condition</u>, provided such prescribed drug is in compliance with
approved federal Food and Drug Administration indications.

21 (3) At the expiration of the time period specified in subparagraph 22 (A) of subdivision (2) of this subsection, [or for a prescribed drug 23 described in subparagraph (B) of subdivision (2) of this subsection,] an 24 insured's treating health care provider may deem such step therapy 25 drug regimen clinically ineffective for the insured, at which time the 26 insurance company, hospital service corporation, medical service 27 corporation, health care center or other entity shall authorize 28 dispensation of and coverage for the drug prescribed by the insured's 29 treating health care provider, provided such drug is a covered drug 30 under such policy or contract. If such provider does not deem such 31 step therapy drug regimen clinically ineffective or has not requested 32 an override pursuant to subdivision (1) of subsection (b) of this section, 33 such drug regimen may be continued. For purposes of this section, 34 "step therapy" means a protocol or program that establishes the 35 specific sequence in which prescription drugs for a specified medical 36 condition are to be prescribed.

Sec. 2. Subsection (a) of section 38a-544 of the general statutes is
repealed and the following is substituted in lieu thereof (*Effective January 1, 2020*):

(a) No insurance company, hospital service corporation, medical
service corporation, health care center or other entity delivering,
issuing for delivery, renewing, amending or continuing a group health
insurance policy or contract that provides coverage for prescription
drugs may:

(1) Require any person covered under such policy or contract to
obtain prescription drugs from a mail order pharmacy as a condition
of obtaining benefits for such drugs; or

48 (2) Require, if such insurance company, hospital service corporation,
49 medical service corporation, health care center or other entity uses step
50 therapy for such drugs, the use of step therapy for:

51 (A) [any] <u>Any</u> prescribed drug for longer than sixty days; [,] or

52 (B) [a] <u>A</u> prescribed drug for [cancer] treatment <u>of a disabling</u>, 53 <u>chronic or life-threatening disease or condition</u> for an insured who has 54 been diagnosed with [stage IV metastatic cancer] <u>such a disease or</u> 55 <u>condition</u>, provided such prescribed drug is in compliance with 56 approved federal Food and Drug Administration indications.

57 (3) At the expiration of the time period specified in subparagraph 58 (A) of subdivision (2) of this subsection, [or for a prescribed drug 59 described in subparagraph (B) of subdivision (2) of this subsection,] an 60 insured's treating health care provider may deem such step therapy 61 drug regimen clinically ineffective for the insured, at which time the 62 insurance company, hospital service corporation, medical service 63 corporation, health care center or other entity shall authorize 64 dispensation of and coverage for the drug prescribed by the insured's 65 treating health care provider, provided such drug is a covered drug 66 under such policy or contract. If such provider does not deem such 67 step therapy drug regimen clinically ineffective or has not requested 68 an override pursuant to subdivision (1) of subsection (b) of this section, 69 such drug regimen may be continued. For purposes of this section, 70 "step therapy" means a protocol or program that establishes the 71 specific sequence in which prescription drugs for a specified medical 72 condition are to be prescribed.

This act shall take effect as follows and shall amend the following sections:

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Section 1	January 1, 2020	38a-510(a)
Sec. 2	January 1, 2020	38a-544(a)

Statement of Purpose:

To prohibit health carriers from requiring the use of step therapy for drugs prescribed to treat disabling, chronic or life-threatening diseases or conditions.

[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]

Co-Sponsors: SEN. LOONEY, 11th Dist.

<u>S.B. 36</u>