
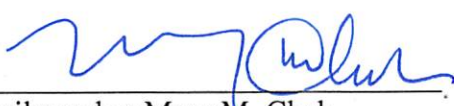



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2 Chairman Phil Mendelson

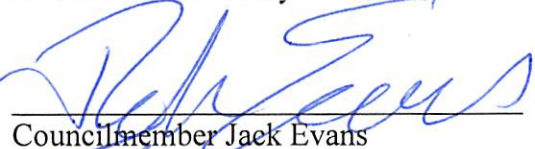
  
Councilmember Vincent C. Gray

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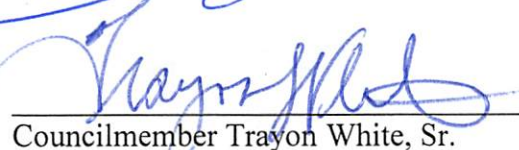
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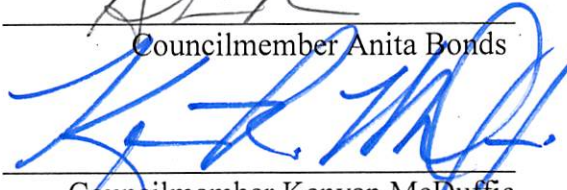
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9 Councilmember Mary M. Cheh


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11 Councilmember Elissa Silverman



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13 Councilmember Jack Evans

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15 Councilmember Anita Bonds

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17 Councilmember Trayon White, Sr.

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19 Councilmember Kenyan McDuffie

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21 Councilmember Brandon T. Todd

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23 Councilmember Robert White, Jr.  
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25 Councilmember Charles Allen

26  
27 A BILL

28  
29 IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

30  
31 To amend the Assisted Living Residence Regulatory Act of 2000 by establishing  
32 standards for DOH inspection of resident files and resident agreements for compliance with the  
33 D.C. Code; by establishing that inspection reports, investigative findings and other data be made  
34 available online; by establishing a resident's right to civil action against an ALR for violations;  
35 by requiring an ALR to develop policies related to medication administration and errors, resident  
36 falls, individual service plans, transfer and discharge, complaints and grievances, abuse and  
37 neglect, emergency and evacuation, lifeline response, use of surveillance and video recording,  
38 and resident visitation; ensuring resident (and resident representative) access to resident records,  
39 occupancy and staffing information, and an annual report of revenue and expenses for the ALR;  
40 by requiring a photo directory of employees and contractors as well as a directory of current  
41 residents; by requiring an ALR to facilitate access to care as needed, including assistance with  
42 making and keeping scheduled appointments and arranging transportation; by establishing that a

resident may use the pharmacy of one's choice and to self-administer medication if able to do so; by requiring an ALR with capacity for more than 60 residents employ an independent licensed clinical social worker at least 20 hours per week (40 hours a week for ALR capacity of more than 120 residents); by requiring a registered nurse to be onsite at all times and that the ALR maintain consistent staff to resident ratios for nurses, care managers and direct care staff for all shifts; provides that an ALR permit each resident to remain in the ALR, and not transfer or discharge the resident unless the clinical or behavioral status of the resident endangers others; by establishing that a resident has an absolute right to reside in and have access to one's living unit at all times; by stipulating that any effort to immediately restrict a resident from accessing one's living unit without required proper notice is considered an unlawful involuntary discharge and subjects the ALR to fines, penalties and expense reimbursement;

BE IT ENACTED BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, that this act may be cited as the "Omnibus Assisted Living Residence Improvement and Quality Long Term Care Act of 2018."

Sec. 2. The Assisted Living Residence Regulatory Act of 2000, effective June 24, 2000 (D.C. Law 13-127; D.C. Official Code § 44-101.01 *et seq.*) is amended:

(a) Section 101 (1) (D.C. Official Code § 44-101.01) is amended to read as follows:

"§44-101.01. Purpose.

The purpose of this chapter is to set uniform, minimum standards of licensure for community residence facilities currently regulated under Chapter 34 of Title 22 of the District of Columbia Municipal Regulations and other facilities when they provide services that assist residents with the activities of daily living. This chapter creates a new category of licensure called "assisted living residence". As used in this title, unless the context requires a different meaning: words imparting the singular include the plural, and words imparting the plural include the singular; the present tense includes the future as well as the present."

Sec. 3. Philosophy of Care.

§ 44-101.02 is amended to read as follows:

71 “(a) The philosophy of assisted living emphasizes personal dignity, autonomy,  
72 independence, privacy, freedom of choice, emotional needs, and respecting the resident’s  
73 preferences, rights, goals, and life history. Further, the services and physical environment of an  
74 assisted living residence should enhance a person's ability to age in place in a homelike setting  
75 by increasing or decreasing the amount of assistance in accordance with the individual's  
76 changing needs.

77 “(b) This chapter shall be interpreted in accordance with the following philosophy of  
78 care:

79 “(1) An assisted living residence is a program which combines housing, health,  
80 and supportive services for the support of residents aging in place. The function of an assisted  
81 living residence is to provide or coordinate personalized assistance through activities of daily  
82 living, recreational activities, 24-hour supervision, and provision or coordination of health  
83 services and instrumental activities of daily living as needed. A memory care facility is excluded  
84 from this definition.

85 “(2) The design of services and environment should acknowledge that a subset of  
86 residents may have some form of cognitive impairment. Services and environment should offer a  
87 balance between choice and safety in the least restrictive setting.

88 “(3) Both the program and environment should support resident dignity,  
89 emotional needs, privacy, independence, individuality, freedom of choice, decision making,  
90 spirituality, and involvement of family and friends.

91 “(4) Residents should be supported to age in place by minimizing the need to  
92 transfer or discharge through reasonable accommodation and, when necessary, through

coordination and use of home health agencies, hospice, rehabilitation agencies, and other licensed healthcare providers.

“(5) Quality, affordable assisted living residence care should be accessible to all individuals residing in the District regardless of income.

### Sec. 3. Definitions.

§ 44-102.01 is amended to add the following terms:

“Abuse” means a deliberate, willful or intentional infliction of injury, unreasonable confinement, intimidation, or punishment with resulting physical harm, pain or mental anguish or emotional instability. Abuse also includes the deprivation by an individual, including a caretaker, of goods and services that are necessary to attain or maintain physical, mental, and emotional and psychosocial well-being. It includes verbal abuse, sexual abuse, physical abuse and mental abuse whether facilitated or enabled through the use of technology, willful infliction of injury, unreasonable confinement, intimidation, or punishment with resulting physical harm, pain or mental anguish.

“Advance Directive” means the powers granted in a durable power of attorney, living will, medical power or attorney, or the appointment of a health care surrogate.

“Adverse event” means an event that is untoward, undesirable, and usually unanticipated event that causes death or serious injury or risk of serious injury.

“Common Area” means areas in the ALR where residents may gather together with other residents, visitors, and staff or engage in individual pursuits, apart from their residential rooms. This includes living rooms, dining rooms, activity rooms, outdoor areas, and gathering areas and places residents use on a regular basis.

115       “De-identified” means removing all names and other personally identifiable data,  
116 including any information from witnesses and others furnished to the DC Department of Health  
117 as part of the investigation.

118       “Discharge” means movement of a resident to a bed outside of the certified ALR whether  
119 that bed is in the same physical plant or not. Transfer and discharge does not refer to movement  
120 of a resident to a bed within the same certified ALR, nor does it refer to movement to a memory  
121 care unit.

122       “Exploitation” means taking advantage of a resident for personal gain through the use of  
123 manipulation, intimidation, threats, or coercion.

124       “Family Council means a group formed, controlled and governed by family members or  
125 resident representatives or individuals designated by the resident that holds regular private  
126 meetings of the organized group. An ALR shall not use the term to describe a meeting, activity  
127 or group organized and run by management.

128       “Grievance Official” means the Long-Term Care Ombudsman in the D.C. Office on  
129 Aging.

130       “Involuntary Seclusion” means the separation, against the resident’s will, from other  
131 residents or confinement to the resident’s room against the resident’s will.

132       “Licensed health professional” means a physician assistant; nurse practitioner; physical,  
133 speech, or occupational therapist; physical or occupational therapy assistant; registered nurse;  
134 licensed practical nurse; certified nursing assistant; or licensed clinical social worker; or  
135 registered respiratory therapy technician.

“Misappropriation of resident property” means the deliberate misplacement, exploitation, or wrongful, temporary, or permanent use of the resident’s belongings or money without the resident’s consent or the consent of the resident’s representative.

“Mistreatment” means the inappropriate treatment or exploitation of a resident.

“Neglect” means the failure of the ALR, its employees or service providers to provide goods or services to the resident that are necessary to avoid physical harm, pain, mental anguish or mental illness.

“Nurse aide” means any individual providing nursing or nursing related services to residents in a ALR. This term also includes an individual who provides these services through an agency or under contract directly with a resident or resident representative and not with the ALR, but is not a licensed health professional, registered dietician, or someone who volunteers to provide these services without pay. It does not include individuals who furnish services to residents only as paid feeding assistants.

“Over-the-counter” means medications that may be obtained and used without a prescription and shall include nutritional supplements and nutraceuticals, and vitamins.

“Person-centered care” means care focused on the resident as the locus of control and supporting the resident in making their own choices and having control over their daily lives.

“Protected Health Information” means the resident’s medical file, assessments, care plans, ISPs, shared responsibility agreements, prescriptions, physician’s orders, comments and notes, hospital records, medication administration record, communications, and any other information from or regarding a licensed health professional treating the resident.

“Resident and Family Council” means a group formed, controlled and governed by family members, residents and resident representatives that holds regular private meetings of the

group. An ALR shall not use the term to describe a meeting, activity or group organized and run by management.

“Resident Council” means a group that is formed, controlled and governed by residents that holds regular private meetings of the organized group. An ALR shall not use the term to describe a meeting, activity or group organized and run by management.

“Resident records” means a group of records maintained by the ALR that include medical records, billing records, enrollment, payment information, claims adjudication, case or medical management record, other records used, in whole or in part, by the ALR to make decisions about residents, or any and all other materials maintained by the ALR that affect the care and treatment of a resident including all medical communications related to the resident, copies of all care plans, copies of all permissions signed by the resident or resident representative, or restrictions of the medical information signed by the resident.

“Resident representative” means:

(1) An individual designated by the resident in writing to act on behalf of the resident in order to support the resident in decision making that has access to medical, social or other personal information of the resident; manage financial matters; or receive notifications;

(2) A person authorized by state or federal law, including agents under power of attorney, representative payees, and other fiduciaries to act on behalf of the resident in order to support the resident in decision-making that has access to medical, social or other personal information of the resident; manage financial matters; or receive notifications;

(3) A legal representative personal representative with legal standing, such as power of attorney for healthcare, legal guardian, or health care surrogate or proxy appointed in accordance with state law to act in whole or in part on the resident’s behalf;

182 (4) A Court appointed guardian or conservator of the resident.

183 (5) Nothing in this definition is intended to expand the scope of authority of any  
184 resident representative beyond the authority specifically authorized by the resident, D.C. or  
185 Federal law, or court of competent jurisdiction.

186 "Resident rights" means a right to a dignified existence, self-determination, and  
187 communication with and access to persons and services inside and outside the ALR.

188 "Retaliation" means the punishment, involuntary seclusion or taking adverse action, or  
189 threatening to take adverse action, against a resident or resident representative for engaging in a  
190 protected activity or exercising their rights under this chapter.

191 "Sexual abuse" means the nonconsensual sexual contact of any type with a resident.

192 "Transfer and discharge" means movement of the resident to another ALR that is not  
193 within the same ALR, same physical plant, or movement to another facility, hospital or location.  
194 Transfer does not mean movement of the resident to a bed within the same ALR.

195 Sec. 4. Licensure and Inspection.

196 §44-103 is amended as follows:

197 (1) Section 103(6)(a) is amended to read as follows:

198 "(a) In addition to the inspections required by §44-103.02(e), the Mayor shall  
199 conduct an annual inspection. As part of the annual inspection of an ALR, the Mayor shall  
200 randomly select and inspect 20% of the resident files and 5% of resident agreements maintained  
201 by the ALR. Inspections may be conducted by an individual surveyor or by a team, depending  
202 on the type of inspection, size of the facility, and service delivery model of the ALR as well as  
203 other factors the Mayor may determine. The Mayor is authorized to photocopy, photograph  
204 residents, and use any other available recording devices to document and preserve conditions



found at the ALR during an inspection, investigation or site-visit that DOH reasonably believes threaten the health and safety of residents.

(2) Section 103(6)(a) is amended by adding a new subparagraph 103(6)(a-1) and (a-2) to read as follows:

“(a-1) If more than 20 percent of the resident files inspected or if any single resident agreement inspected is found to be in violation of this chapter, the Mayor shall conduct a review of a total of 50 percent of resident files and require all resident files and resident agreements to be brought into compliance. The Mayor shall conduct a follow-up inspection of residents’ files and resident agreements within ninety 90 days of the original inspection.

“(a-2) DOH shall conduct an annual resident satisfaction survey through interviews of residents when performing an annual inspection of the ALR. Once on site at the ALR, DOH shall notify residents that it will conduct resident interviews. Residents shall notify DOH when they are available to be interviewed.

(3) Section 103(6)(h) is amended by adding the following after the period: “The Mayor may conduct all inspections, review of records, complaint investigations, or site visits for any reason to an ALR unannounced and at any time.”

(4) Section 103(6) is amended by adding new subparagraphs (i) and (j) to read as follows:

“(i) The ALR shall make available to the DOH for inspection and review any all facility records, books, files, or documents maintained by the ALR upon request. If DOH requests copies of any documents or materials after inspection and review, DOH shall maintain the confidentiality and privacy of any requested employee or resident files and resident

227 agreements. The ALR shall maintain the confidentiality and privacy of any requested employee  
228 or resident files and resident agreements during the reproduction of the requested materials.

229 “(j) The Mayor shall make available, on a website that is searchable by zip code  
230 and accessible to the public, a directory of all licensed ALRs, the findings of annual ALR  
231 inspections, copies of inspection reports and investigative findings, summaries of reports, notices  
232 of infractions and fines, any other civil or criminal penalties imposed against an ALR or its staff,  
233 any findings of complaint investigations against an ALR, terminations or resignations of licensed  
234 health care professionals. Findings shall be available on the website for five (5) consecutive  
235 years after publication. The Mayor shall post this information within twenty (20) days of the  
236 inspection, site-visit, final order, notice of infraction or imposition of fine, or criminal penalties.  
237 The Mayor shall implement this subparagraph within ninety (90) days of enactment.

238 Sec. 5. Sanctions and Penalties.

239 § 44-104.01 is amended to add new subsections (e), (f), (g) and (h) to read as follows:

240 “(e) The resident or the resident representative shall have the right to bring a civil  
241 action against an ALR for a violation of this chapter, the residency agreement, Individualized  
242 Service Plans, DOH policies and procedures, local laws, federal laws, or the ALR’s policies and  
243 procedures. An action brought by a resident or resident representative under this chapter is  
244 entitled to a jury trial.

245 “(f) No person shall take discriminatory, disciplinary, or retaliatory action against an  
246 employee of an ALR, resident, or resident representative for filing in good faith a complaint  
247 with, or providing information to, DOH or the Long Term Care Ombudsman or their designees.  
248 A person who violates this provision, or who aids, abets, invites, compels, or coerces another to  
249 do so, shall be guilty of a misdemeanor and, upon conviction, shall be subject to a fine not to  
250 exceed \$1,000, imprisonment not to exceed 180 days, or both. This subsection shall not infringe

upon the rights of an employer to supervise, discipline, or to terminate an employee for other reasons.

“(g) A person who knowingly denies access to DOH or the Long-Term Care Ombudsman or their designees in violation of this chapter, or aids, abets, invites, compels, or coerces another to do so, shall be guilty of a misdemeanor and, upon conviction, shall be subject to a fine not to exceed \$1,000, imprisonment not to exceed 180 days, or both.

“(h) DOH and the Long-term Care Ombudsman shall have the authority to impose per violation fines and other penalties as DOH and the Long-Term Care Ombudsman deem appropriate.

#### Sec. 6. Resident’s Rights and Quality of Life.

§ 44-105 is amended as follows:

(1) Section 105(1)(a) is amended by inserting the following sentence immediately after the period: “An ALR shall provide care and services appropriate to the needs of residents accepted for admission to the ALR. An ALR shall not admit a resident who is or has ever been diagnosed with moderate to severe dementia, or requires hospice care.”

(2) Section 105(1) is amended by adding new subsections (c)(1), (c)(2), (c)(3), (c)(4), (c)(5), (c)(6), (c)(7), (c)(8), (c)(9), (c)(10), (c)(11), (d), (e), (f) and (g) to read as follows:

“(c)(1) The ALR shall provide all policies and procedures listed in this chapter in writing to all residents and resident representatives upon admission, or upon request by any resident or resident representative. Upon enactment, the ALR shall provide all policies and procedures listed in this chapter in writing to all current residents and resident representatives.

“(c)(2) The ALR shall develop and implement policies and procedures on all of the following:

274           “(A) Medication management, administration and storage;  
275           “(B) Resident falls;  
276           “(C) Individual service plans;  
277           “(D) Unwitnessed falls and injury;  
278           “(E) Medication administration;  
279           “(F) Private duty aides;  
280           “(G) ALR denial of resident return to facility;  
281           “(H) Transfer and discharge;  
282           “(I) Family Council, Resident and Family Council, and Resident Council;  
283           “(J) Complaints and grievances;  
284           “(K) Protection against retaliation and fear of retaliation;  
285           “(L) Abuse, neglect and exploitation;  
286           “(M) Bedsore and wound care treatment and prevention;  
287           “(N) Catheter care;  
288           “(O) Medication error management and reporting;  
289           “(P) Stroke and heart attack care, symptoms and treatment;  
290           “(Q) Lifeline and response methods and timing;  
291           “(R) Level of care criteria and determination;  
292           “(S) Resident responsibilities;  
293           “(T) Alcohol and tobacco;  
294           “(U) Administrative and housekeeping schedules and requirements;  
295           “(V) Infection control, sanitation, and universal precautions;  
296           “(W) Food poisoning or similar adverse food related events;

297                   “(X) Contagion disease outbreak;

298                   “(Y) Partial or total emergency evacuation in the event of: fire, earthquake,

299                   prolonged power outage, prolonged water or plumbing failure, or prolonged mechanical

300                   system failure;

301                   “(Z) Use of surveillance and video recording devices in an ALR to include

302                   retention and destruction policies;

303                   “(AA) Notification and alerts to warn residents about criminal or suspicious

304                   activity within or outside the ALR; and

305                   “(BB) Resident’s right to visitation.

306                   “(c)(3) The ALR shall treat each resident with respect and dignity and care for each

307                   resident in a manner and in an environment that promotes maintenance or enhancement of his or

308                   her quality of life, recognizing each resident’s individual needs and preferences. The ALR shall

309                   protect and promote the rights of the resident.

310                   “(c)(4) The ALR shall not discriminate against a resident, resident representative, or

311                   family member of the resident for any reason. The ALR and its staff shall administer all policies

312                   and procedures uniformly and treat each resident, resident representative, or family member of

313                   the resident consistently and equally. The ALR shall not make distinctions between resident,

314                   resident representative, or family member of the resident based upon billing policies or financial

315                   means.

316                   “(c)(5) The ALR shall be courteous, truthful, and respectful to residents. The ALR shall

317                   carry out their professional and medical work in a competent and objective manner.

318                   “(c)(6) The ALR shall provide equal access to quality care regardless of diagnosis,

319                   severity of condition, or payment source. An ALR shall establish and maintain identical policies

and practices regarding transfer, discharge, and the provision of services for all residents regardless of payment source.

“(c)(7) The ALR shall provide the resident and the resident representative with immediate and full access to the resident’s records.

“(c)(8) The ALR shall provide the ALR’s occupancy and staffing information, which shall include all current employees and any budgeted vacancies, to resident and resident representative upon request.

“(c)(9) Upon request, the ALR shall provide an annual report of revenue and expenses for the ALR to the resident and the resident representative by first day of the fifth month following the end of the fiscal year.

“(c)(10) Within ten (10) days of enactment, the ALR shall create and maintain a current photo directory of all employees and contractors who provide direct services to residents, which shall include the employees’ and contractors’ names and titles. The employee and contractor directory shall be kept in a central, easily accessible and unlocked location on each floor and be available for inspection immediately upon request.

“(c)(11) Within ten (10) days of enactment, the ALR shall create and maintain a current directory of all residents which includes contact information for each resident. The directory shall clearly state that its use is limited for the personal use of residents and not for any commercial purpose. A resident or resident representative may specify which information is included in the resident directory. The ALR shall distribute an updated resident directory to all residents on a monthly basis.

341 “(c)(12) The ALR shall operate in compliance with DOH procedures and policies and  
342 comply with all federal and local laws and relating to licensing, scope of practice, facility  
343 operations, and billing requirements.

344 “(d) Facilities shall offer personal supervision as appropriate for each resident to include  
345 the following:

346 “(1) Monitoring the quality and quantity of the resident’s diet;

347 “(2) Maintaining a general awareness of the resident’s health, safety, and emotional  
348 and physical well-being;

349 “(3) Daily staff observation of the activities of resident while in ALR;

350 “(4) Contacting the resident’s health care provider, family, guardian, health care  
351 surrogate, or case manager if the resident exhibits a significant change in their physical and  
352 emotional health status, falls, suffers an injury, is discharged from, or moves out of the ALR.

353 “(e) Maintain a written record, updated as needed, of any significant changes in the  
354 resident’s physical and emotional health, any illnesses that resulted in medical attention, changes  
355 in the method of medication administration, or other changes that resulted in the provision of  
356 additional services.”

357 “(f) The ALR shall facilitate the resident’s access to health care as needed. Specifically,  
358 the ALR shall:

359 “(1) Assist the resident in making appointments and remind the resident about  
360 scheduled appointments for medical, dental, nursing, or mental health services;

361 “(2) Provide transportation to needed medical, dental, nursing or mental health  
362 services, or arrange transportation through family, friends, volunteers, taxi cabs, public  
363 transportation, or other paid transportation services.

364           “(3) The ALR shall not require residents to receive medical, pharmacy, prescriptions,  
365   dental, nursing, or mental health services from a specific health care provider.”

366           “(g) A resident or resident representative is permitted to arrange, contract, or pay for  
367   services provided by a third-party service provider such as a licensed home health agency or  
368   private nurse.

369           “(1) The ALR shall permit the resident to receive services from an out-patient clinic  
370   subject to admission to ALR and compliance with the ALR’s third party service delivery policy.  
371   Subject to applicable local and federal health privacy laws, if a resident receives services from a  
372   third party, the third party shall provide the ALR with information regarding the resident’s  
373   condition and services provided.

374           “(2) If requested by the resident, the ALR shall coordinate with the third-party service  
375   provider to ensure the resident receives the care or services. If the resident requests coordination  
376   of services, the ALR is not responsible for the third party failing to provide services to the  
377   resident. If the ALR is unable to coordinate third party services for the resident, the ALR shall  
378   document in the resident’s records why its efforts were unsuccessful. The documentation in the  
379   resident’s record shall be deemed compliance with this subsection.”

380           (3) Section 105(2) is amended as follows:

381           (a) Section 105(2)(a) is amended to add a new subsection (5) to read as follows:

382           “(5) The resident has the right to perform services for the ALR if he or she  
383   chooses when:

384           “(A) The ALR has documented in a resident’s individual service plan the  
385   resident’s need or desire for work;



386                   “(B) The ISP specifies the nature of the services performed and whether  
387 the services are voluntary or paid;

388                   “(C) Compensation for any paid services is at or above prevailing rates;  
389 and

390                   “(D) The resident agrees to the work arrangement described in the ISP.”

391                   (b) Section 105(2) is amended to add a new subsection (c) to read as follows:

392                   “(c)(1) The resident has the right to and the ALR shall promote and facilitate resident  
393 self-determination through support of resident choice, including all the rights specified in this  
394 chapter.

395                   “(2) The resident has the right to choose activities, schedules (including sleeping and  
396 waking times), health care and providers of health care services consistent with his or her  
397 interests, assessments, ISP and any other choices about aspects of his or her life in the ALR that  
398 are significant to the resident.

399                   “(3) The resident has a right to interact with members of the community and participate  
400 in community activities both inside and outside the ALR. The resident has the right to attend and  
401 participate in Resident Council and Resident and Family Council meetings, and attend Family  
402 Council meetings.

403                   “(4) The ALR shall ensure that the resident can exercise his or her rights without  
404 interference, coercion, discrimination, or retaliation from the ALR.

405                   “(5) The resident has the right to be free of interference, coercion, discrimination,  
406 retaliation and threat of retaliation from the ALR in exercising his or her rights and to be  
407 supported by the ALR in the exercise of his or her rights.

408           “(6) The resident has the right to present grievances, complain, or present complaints, or  
409   express themselves, whether orally or in writing, to the ALR, ALA, any party, or government  
410   agency.

411           “(7) Except in emergencies, the resident may refuse to admit and deny entry ALR staff to  
412   their unit.

413           “(8) The ALR shall treat the decisions of a resident representative, consistent with his or  
414   her authority, as the decisions of the resident to the extent required by the court or delegated by  
415   the resident, in accordance with applicable law.

416           “(9) The ALR shall not extend the resident representative the right to make decisions on  
417   behalf of the resident beyond the extent required by the court or delegated by the resident, in  
418   accordance with the applicable law.

419           “(10) If the ALR has reason to believe that the resident representative is making decisions  
420   or taking actions that are not in the best interests of a resident, the ALR shall report such  
421   concerns in a manner as required by the laws of the District of Columbia.

422           (c) Section 105(2) is amended to add a new subsection (d) to read as follows:

423           “(d)(1) The resident shall be encouraged to participate in social, recreational,  
424   educational and other activities with the ALR and community. Activity programs provided  
425   within the ALR shall:

426           “(A) Provide an ongoing activity program; and

427           “(B) Provide diversified individual and group activities in keeping with each  
428   resident’s needs, abilities, and interests.

429           “(2) The ALR shall consult with the residents in selecting, planning and scheduling  
430   activities.

431           “(3) The ALR shall demonstrate resident participation through one or more of the  
432 following methods: resident meetings, resident committees, a Resident Council, Resident and  
433 Family Council, suggestion box, group discussions, questionnaires, or any other form of  
434 communication appropriate to the size of the ALR.

435           “(4) The ALR shall make a minimum of twenty-eight (28) hours of scheduled  
436 program activities available to residents each week. Scheduled program activities shall be  
437 available at least seven (7) days per week. If residents choose to attend a day program conducted  
438 at adult day care centers, senior centers, mental health centers or other day programs, the ALR  
439 may count those attendance hours toward their requirement. An ALR may not count television or  
440 video watching toward its activities programming unless the program is a special one-time event,  
441 an annual special event, or of special interest to the residents.

442           “(5) An ALR shall post an activities calendar in common areas where residents  
443 normally congregate.

444           “(6) The ALR shall not use the facility for commercial purposes.

445           “(7) If residents assist in planning a special activity, such as an outing, seasonal  
446 festivity, or an excursion, the ALR may count up to three (3) hours toward their requirement.”

447           (4) Section 105(3) is amended as follows:

448           § 44-105.03. Dignity.

449           (a) Section 105(3)(5) is amended to read as follows:

450           “(5) The right to retain and use personal possessions, including furnishings, and  
451 clothing, as space permits, unless to do so would infringe upon the rights or health and safety of  
452 other residents.”

453           (b) Section 105(3)(7) is amended to read as follows:

454 “(7) The right to share a room with his or her roommate of choice when practicable,  
455 when both residents live in the same ALR and both residents consent to the arrangement.”

456 (c) A new section 105(3)(7)(a) is added to read as follows:

457 “(7a) The right to share a room with his or her spouse when married residents live in  
458 the same ALR and both spouses consent to the arrangement.”

459 (d) add a new subsection (13) to read as follows:

460 “(13) The right to be free from any physical or chemical restraints imposed for  
461 purposes of discipline or convenience, and not required to treat the resident’s medical symptoms.

462 (5) Section 105 (4) is amended as follows:

463 § 44-105.04. Accommodation of needs.

464 (a) Strike the language in subsection (6) and insert the following language:

465 “The right to reside and receive services in the ALR with reasonable accommodation  
466 of resident needs and preferences except when to do so would endanger the health or safety of  
467 the resident or other residents.”

468 (b) Strike subsection (7) in its entirety.

469 (c) Add a new Section 105(4a) to read as follows:

470 “Sec. 105(4a). Planning and implementing care.

471 “(a) The resident has the right to be informed of, and participate in, his or her treatment,  
472 including:

473 “(1) The right to be fully informed in language that he or she can understand of his or  
474 her total health status, including but not limited to, his or her medical condition.

475 “(2) The right to participate in the development and implementation of his or her ISP,  
476 including but not limited to:

477                   “(A) The right to participate in the planning process, including the right to  
478 identify individuals or roles to be included in the planning process, the right to request meetings  
479 and the right to request revisions to the ISP.

480                   “(B) The right to participate in establishing the expected goals and outcomes of  
481 care, the type, amount, frequency, and duration of care, and any other factors related to the  
482 effectiveness of the ISP.

483                   “(C) The right to be informed, in advance, of changes to the ISP, and to approve  
484 or reject those changes within thirty (30) days.

485                   “(D) The right to receive the services and/or items included in the ISP.

486                   “(E) The right to review the ISP immediately upon request.

487                   “(F) The right to see the care plan, including the right to sign acceptance or  
488 rejection of proposed changes to the ISP.

489                   “(3) The ALR shall inform, orally and in writing, the resident of the right to  
490 participate in his or her treatment and shall support the resident in this right. The planning  
491 process shall: -

492                   (A) Facilitate the inclusion of the resident and resident representative;

493                   (B) Include an assessment of the resident's strengths and needs; and

494                   (C) Include the resident's emotional, psychosocial, personal and cultural  
495 preferences in developing goals of care.

496                   “(4) The right to be informed, in advance, and to approve or reject of the care to be  
497 furnished and the type of care giver or professional that will furnish care.

498           “(5) The right to be informed in advance, by the physician or other practitioner or  
499 professional, of the risks and benefits of proposed care, of treatment and treatment alternatives or  
500 treatment options and to choose the alternative or option he or she prefers.

501           “(6) The right to request, refuse or discontinue treatment, to participate in or refuse to  
502 participate in experimental research, and to formulate an advance directive.

503           “(7) The right to self-administer medications if this practice is clinically appropriate  
504 and approved by the resident’s primary attending physician.

505           “(8) The right to choose their own pharmacy and where their prescriptions may be  
506 filled.

507           “(9) Nothing in this paragraph should be construed as the right of the resident to  
508 receive the provision of medical treatment or medical services deemed medically unnecessary or  
509 inappropriate.

510           “(b)(1) The resident has the right to choose his or her attending physician provided the  
511 physician is licensed to practice medicine in the District of Columbia.

512           “(2) If the physician chosen by the resident refuses to or does not meet requirements  
513 specified in this Chapter, the ALR may seek an alternate physician’s participation to assure  
514 provision of appropriate and adequate care and treatment.

515           “(3) The ALR shall ensure that each resident remains informed of the name,  
516 specialty, and way of contacting the physician and other primary care professionals responsible  
517 for his or her care.

518           “(4) The ALR shall inform the resident if the ALR determines that the physician  
519 chosen by the resident is unable or unwilling to meet requirements specified in this Chapter and  
520 the ALR seeks an alternate physician’s participation to assure provision of appropriate and

adequate care and treatment. The ALR shall discuss the alternative physician's participation with the resident and honor the resident's preferences, if any, among options.

“(5) If the resident subsequently selects another attending physician who meets the requirements specified in this part, the ALR shall honor that choice.”

(6) Section 105(5) is amended as follows:

§ 44-105.05. Representation and resolution of grievances and complaints.

(a) Insert a new subsection (a)(1)(A) and (a)(1)(B) to read as follows:

“(a)(1)(A) The resident has the right to voice grievances to the ALA, other agency, or entity that hears grievances without discrimination or retaliation and without fear of discrimination or retaliation. Such grievances include those with respect to care and treatment which has been furnished as well as that which has not been furnished, the behavior of staff and of other residents, and other concerns regarding their ALR stay;

“(a)(1)(B) Prompt efforts by the ALR to resolve grievances the resident may have, including those with respect to the behavior of other residents; and”

(b) Insert a new subsection (a)(3)(A) to read as follows:

“(3)(A) The ALR shall make information on how to file a grievance or complaint available to the resident and resident representative.

“(1) The ALR shall establish a grievance policy to ensure the prompt resolution of all grievances regarding the residents' rights contained in this Chapter. Upon request, the ALR shall give a copy of the grievance policy to the resident. The grievance policy shall include:

“(a) Notifying residents individually and through postings in prominent locations throughout the ALR of the right to file grievances orally (meaning spoken) or in writing; the right to file grievances anonymously; the contact information of the Grievance

Official with whom a grievance can be filed, that is, his or her name, business address (mailing and email) and business phone number; a reasonable expected time frame for completing the review of the grievance; the right to obtain a written decision regarding his or her grievance; and the contact information, to include the telephone number, of independent entities with whom grievances may be filed, that is, the Department of Health, the Long-Term Care Ombudsman program or an advocacy organization;

“(b) Identifying an independent, third-party Grievance Administrator external to the ALR (and any affiliated entities) who is responsible for overseeing the grievance process; receiving and tracking grievances through to their conclusion; leading any necessary investigations by the ALR; maintaining the confidentiality of all information associated with grievances, for example, the identity of the resident for those grievances submitted anonymously; issuing written grievance decisions to the resident; and coordinating with D.C. and federal agencies as necessary in light of specific allegations;

“(c) As necessary, taking immediate action to prevent further potential violations of any resident right while the alleged violation is being investigated;

“(d) Consistent with this chapter, immediately reporting all alleged violations involving neglect, abuse, including injuries of unknown source, and/or misappropriation of resident property, by anyone furnishing services on behalf of the provider, to the administrator of the provider, and as required by D.C. law;

“(e) Ensuring that all written grievance decisions include the date the grievance was received, a summary statement of the resident’s grievance, the steps taken to investigate the grievance, a summary of the pertinent findings or conclusions regarding the resident’s concern(s), a statement as to whether the grievance was confirmed or not confirmed,



567 any corrective action taken or to be taken by the ALR as a result of the grievance, and the date  
568 the written decision was issued;

569 “(f) Taking appropriate corrective action in accordance with D.C. law if  
570 the alleged violation of the residents’ rights is confirmed by the ALR, or if the Department of  
571 Health or the Long Term Care Ombudsman confirms a violation of any of these residents’ rights  
572 within its area of responsibility;

573 “(g) Maintaining evidence demonstrating the results of all grievances for a  
574 period of no less than three (3) years from the issuance of the grievance decision; and

575 “(h) Filing a copy of the grievance and findings in the resident’s record  
576 and providing a copy to resident and resident representative.”

577 (c) Insert a new subsection (a)(3)(B) to read as follows:

578 “(3)(B) Residents or resident representatives shall submit formal grievances in  
579 writing to the Grievance Official in the following manner:

580 “(1) A resident or a resident representative shall inform the Grievance  
581 Official that they are filing a grievance under this chapter;

582 “(2) A resident or resident representative shall provide supporting  
583 evidence when filing their formal grievance;

584 “(3) The grievance may be mailed, emailed, or filed in person with the  
585 Grievance Official; and

586 “(4) A resident or resident representative’s formal grievance may request  
587 to meet with the person against whom the grievance is directed or with the person who is directly  
588 responsible, in the resident’s opinion, for the conditions resulting in the grievance.”

589                   “(5) A resident or resident representative’s formal grievance shall state  
590 whether they refuse to meet with the person against whom the grievance is directed or with the  
591 person who is directly responsible, in the resident’s opinion, for the conditions resulting in the  
592 grievance.

593                   “(6) A resident or resident representative’s formal grievance shall state  
594 whether the resident or resident representative is requesting that the grievance meeting be audio  
595 or video recorded.

596                   “(7) ALR staff shall be permitted to cooperate with a resident’s or resident  
597 representative’s complaint and shall be protected from any adverse employment action initiated  
598 or implemented by the ALR.”

599                   (d) Strike subsection 105(5)(c) in its entirety and insert the following:

600                   “(c) A Grievance Official shall inform, orally and in writing, the resident and resident  
601 representative of their right to file a formal grievance.

602                   “(1) A Grievance Official shall post the ALR’s formal grievance process in  
603 conspicuous locations throughout the facility.

604                   “(2) When a meeting is requested by the resident or resident representative with  
605 the person against whom the grievance is directed or with the person who is directly responsible,  
606 in the resident’s opinion, for the conditions resulting in the grievance, a Grievance Official shall  
607 schedule the requested meeting within ten (10) business days of the filing of the formal  
608 grievance. If all of the parties consent, the meeting may be audio or video recorded.

609                   “(3) If the resident or resident representative refuses to meet with the person  
610 against whom the grievance is directed or with the person who is directly responsible, in the  
611 resident’s opinion, for the conditions resulting in the grievance, the Grievance Official shall meet

612 within ten (10) business days of receipt of the formal grievance with the resident or resident  
613 representative. If all of the parties consent, the meeting shall be audio or video recorded.

614 “(4) The Grievance Official shall discuss the grievance and attempt to reach a  
615 satisfactory solution for all the parties.

616 “(5) The Grievance Official shall provide a written summary of the resolution of  
617 the grievance which shall be dated, signed by the Grievance Official and contain the following:

- 618 (i) a summary of the grievance filed;
- 619 (ii) a summary of findings;
- 620 (iii) the dates and times of meetings held to resolve the grievance;
- 621 (iv) the names and titles of all attendees at meetings held to resolve the  
622 grievance;
- 623 (v) whether the grievance was substantiated or unfounded; and
- 624 (vi) corrective action, if necessary.

625 “(6) The written summary shall be provided to the resident or the resident  
626 representative within ten (10) business days of the meeting.

627 (e) Add a new subsection 105(5)(d) to read as follows:

628 “(d) The resident and resident representative shall have the right to file a written  
629 response to the Grievance Official’s written summary. If a written response is filed, the formal  
630 grievance, Grievance Official’s written summary, and resident response shall be placed in the  
631 Resident’s records and made available to the Long Term Care Ombudsman or DOH officials.

632 (g) Add a new subsection 105(5)(e) to read as follows:

633 “(e) The ALR shall have a written grievance procedure for receiving and responding to  
634 resident complaints, and for residents to recommend changes to ALR policies and procedures.

The ALR shall document that the grievance procedure was followed upon receipt of the resident's complaint.

(f) Add a new Section 105(5a) to read as follows:

"Sec. 105(5a). Exercise of rights.

"(a) The resident has the right to exercise his or her rights as a resident of the ALR and as a citizen or resident of the United States.

"(1) The ALR shall ensure that the resident can exercise his or her rights without interference, coercion, discrimination, threats of retaliation, or retaliation from the ALR.

"(2) The resident has the right to be free of interference, coercion, discrimination, threat of retaliation, fear of threat of retaliation, and retaliation from the ALR in exercising his or her rights and to be supported by the ALR in the exercise of his or her rights as required under this chapter.

"(3) In the case of a resident who has not been adjudged incompetent by the state court, the resident has the right to designate a representative, in accordance with State law and any legal surrogate so designated may exercise the resident's rights to the extent provided by state law. The same-sex spouse of a resident shall be afforded treatment equal to that afforded to an opposite-sex spouse if the marriage was valid in the jurisdiction in which it was celebrated.

"(A) The resident representative has the right to exercise the resident's rights to the extent those rights are delegated to the resident representative.

"(B) The resident retains the right to exercise those rights not delegated to a resident representative, including the right to revoke a delegation of rights, except as limited by D.C. law.

657           “(4) The ALR shall treat the decisions of a resident representative as the decisions of  
658   the resident to the extent required by the court or delegated by the resident, in accordance with  
659   applicable law.

660           “(5) The ALR shall not extend to the resident representative the right to make  
661   decisions on behalf of the resident beyond the extent required by the court or delegated by the  
662   resident in accordance with applicable law.

663           “(6) If the ALR has reason to believe that a resident representative is making  
664   decisions or taking actions that are not in the best interests of a resident, the ALR shall report  
665   such concerns in the manner required under D.C. law.

666           “(7) In the case of a resident adjudged incompetent under the laws of a State by a  
667   court of competent jurisdiction, the rights of the resident devolve to and are exercised by the  
668   resident representative appointed under State law to act on the resident’s behalf. The court-  
669   appointed resident representative exercises the resident’s rights to the extent judged necessary by  
670   a court of competent jurisdiction, in accordance with State law.

671           “(A) In the case of a resident representative whose decision-making authority is  
672   limited by State law or court appointment, the resident retains the right to make those decision  
673   outside the representative’s authority.

674           “(B) The resident’s wishes and preferences shall be considered in the exercise of  
675   rights by the representative.

676           “(C) To the extent practicable, the resident shall be provided with opportunities to  
677   participate in the care planning process.

678           “(b) Unless a resident is identified as being in danger of elopement, a resident has the  
679   right to leave the ALR at any time for any reason if they are physically able to do so.”

(7) Section 105(6) is amended by striking the language and inserting the following:

“§ 44–105.06. Privacy and confidentiality.

“(a) A resident has a right to personal privacy and to the confidentiality of his or her resident records.

“(1) Personal privacy includes accommodations, medical treatment, written and telephone communications, personal care, visits, and meetings of Resident Council, Resident and Family Council, and Resident Council, but this does not require the ALR to provide a private room for each resident. The ALR shall not use cameras, monitoring systems, or employees to monitor the actions, movements, communications, or any activities of a resident.

“(2) The ALR shall respect the resident’s right to personal privacy, including the right to privacy in his or her oral (that is, spoken), written, and electronic communications, including the right to send and promptly receive unopened mail and other letters, packages and other materials delivered to the ALR for the resident, including those delivered through a means other than a postal service. Employees may not be asked or encouraged to report on resident conversations overheard or movements or meetings of residents.

“(3) The resident has a right to secure and confidential personal and medical records.

“(i) The resident has the right to refuse the release of personal and medical records except as required by federal or state laws.

“(ii) The ALR shall allow representatives of the Office of the Long-Term Care Ombudsman to examine a resident’s medical, social, and administrative records in accordance with D.C. law.

703           “(b) If, for any reason, a resident cannot act for him or herself, their consent shall be  
704   given on their behalf by their designated surrogate which consent shall also be uncoerced and  
705   informed.”

706           (8) Section 105(7) is amended by striking the language in its entirety and inserting  
707   new subsections (a), (b), (c), (d) and (e) to read as follows:

708           § 44-107. Full disclosure.

709           “(a) Upon admission or request, an ALR shall provide a resident or a resident  
710   representative with a written copy of the ALR’s standard operating procedures, management  
711   policies and practices, ALR standards, or any other policy or procedure the ALR follows in the  
712   operation of its ALR.

713           “(b) Upon admission or request, a resident shall have the right to full disclosure in writing  
714   of contract terms and billing practices which shall also be included in the Resident Agreement.

715           “(c)(1) Upon admission or request, the resident has the right to be informed in writing of  
716   his or her rights and of all rules and regulations governing resident conduct and responsibilities  
717   during his or her stay in the ALR.

718           “(c)(2) The resident has the right to access resident records pertaining to himself or  
719   herself, and to copy, photograph, take screen shots, or otherwise capture the material. The ALR  
720   shall provide the resident with access to resident records and medical records pertaining to him  
721   or herself, upon an oral or written request, in the form and format requested by the individual, if  
722   it is readily producible in such form and format (including in an electronic form or format when  
723   such records are maintained electronically); or, if not, in a readable hard copy form or such other  
724   form and format as agreed to by the ALR and the individual, within 24 hours (excluding  
725   weekends and holidays);

726 “(c)(3) The ALR shall allow the resident to obtain a copy of the records or any portions  
727 thereof (including in an electronic form or format when such records are maintained  
728 electronically) upon request and 2 working days advance notice to the ALR. The ALR may  
729 impose a reasonable, cost-based fee on the provision of copies, provided that the fee includes  
730 only the cost of:

731 (A) Labor for copying the records requested by the individual, whether in paper or  
732 electronic form;

733 (B) Supplies for creating the paper copy or electronic media if the individual  
734 requests that the electronic copy be provided on portable media; and

735 (C) Postage, when the individual has requested the copy be mailed.

736 “(d) With the exception of information described in subparagraphs (c)(2), the ALR shall  
737 ensure that information is provided to each resident in a form and manner the resident can access  
738 and understand, including in an alternative format or in a language that the resident can  
739 understand. Summaries that translate information described in paragraph (c)(2) of this section  
740 may be made available to the patient at their request and expense in accordance with applicable  
741 law.

742 “(e) The ALR shall notify the resident or the resident representative when a family  
743 member or another person directs, instructs or requests the ALR to act, perform, or undertake an  
744 action or direction that is inconsistent with the resident’s wishes, ISP or Shared Responsibility  
745 Agreement.

746 (9) Section 105(9) is amended as follows:

747 § 44-105.09. Abuse, neglect, and exploitation.



748 (a) Section 105(9)(a) is amended by adding after the period the following: "The  
749 resident has the right to be free from abuse, neglect, misappropriation of resident property, and  
750 exploitation. This includes but is not limited to freedom from corporal punishment, involuntary  
751 seclusion and any physical or chemical restraint not required to treat the resident's medical  
752 symptoms.

753 (b) Section 105(9) is amended by adding a new subsections (d), (e) and (f) to read  
754 as follows:

755 "(d) An ALR shall not discriminate against an individual resident, or resident  
756 representative.

757 "(1) Not use verbal, mental, sexual, or physical abuse, corporal punishment, or  
758 involuntary seclusion;

759 "(2) Ensure that the resident is free from physical or chemical restraints imposed  
760 for purposes of discipline or convenience and that are not required to treat the resident's medical  
761 symptoms. When the use of restraints is indicated, the facility must use the least restrictive  
762 alternative for the least amount of time and document ongoing re-evaluation of the need for  
763 restraints, or transfer to another facility.

764 "(3) Not employ or otherwise engage individuals who:

765 "(A) Have been found guilty of abuse, neglect, exploitation, misappropriation  
766 of property, or mistreatment by a court of law;

767 "(B) Have had a finding entered into the State nurse aide registry concerning  
768 abuse, neglect, exploitation, mistreatment of residents or misappropriation of their property; or

769                   “(C) Have a disciplinary action in effect against his or her professional license  
770 by a state licensure body as a result of a finding of abuse, neglect, exploitation, mistreatment of  
771 residents or misappropriation of resident property.

772                   “(4) Report to DOH or any licensing authority any knowledge it has of actions by  
773 a court of law against an employee, which would indicate unfitness for service as a nurse aide,  
774 direct care provider or other facility staff.

775                   “(5) The facility must develop and implement written policies and procedures  
776 that:

777                   “(A) Prohibit and prevent abuse, neglect, and exploitation of residents and  
778 misappropriation of resident property,

779                   “(B) Establish policies and procedures to investigate any such allegations,  
780 and

781                   “(C) Include training to prevent abuse, neglect or exploitation of residents.

782                   “(e) Any ALR employee and contractors who provide direct services to the resident  
783 shall report to DOH and MPD any reasonable suspicion of a crime against any individual who is  
784 a resident of, or is receiving care from, the ALR.

785                   “(1) An ALR employee shall report immediately, but not later than 2 hours after  
786 forming the suspicion, if the events that cause the suspicion result in serious bodily injury, or not  
787 later than 24 hours if the events that cause the suspicion do not result in serious bodily injury.

788                   “(f) In response to allegations of abuse, neglect, exploitation, or mistreatment, the  
789 facility must:

790                   “(1) Ensure that all alleged violations involving abuse, neglect, exploitation or  
791 mistreatment, including injuries of unknown source and misappropriation of resident property,

are reported immediately, but not later than 2 hours after the allegation is made, if the events that cause the allegation involve abuse or result in serious bodily injury, or not later than 24 hours if the events that cause the allegation do not involve abuse and do not result in serious bodily injury, to the ALA, DOH and the Long-Term Care Ombudsman.

“(2) Have evidence that all alleged violations are thoroughly investigated.

“(3) Prevent further potential abuse, neglect, exploitation, or mistreatment while the investigation is in progress.

“(4) Report the results of all investigations to the ALA, DOH, and the Long-Term Care Ombudsman within five (5) business days of the incident, and if the alleged violation is verified appropriate corrective action must be taken.

(10) Section 105 is amended to add a new Section 105(10) to read as follows:

“§ 44-105.10. Mail and Telephone.

“(a) The resident shall have the right to privacy in written communications, send and promptly receive mail that is unopened.

“(b) The resident shall have the right to access stationery, postage, and writing implements at the resident’s own expense.”

“(c) The resident shall have the right to have reasonable access to the use of a telephone where calls can be made without being overheard.

(11) Section 105 is amended to add a new Section 105(11) to read as follows:

“§ 44-105.11. Visitation

“(a) The ALR shall have written policies and procedures regarding the visitation rights of residents, including those setting forth any clinically necessary or reasonable restriction or limitation, when such limitations may apply consistent with the requirements of this chapter, that

the ALR may need to place on such rights and reasons for the clinical or safety restriction or limitation.

“(b) The ALR shall inform each resident of his or visitation rights and related ALR policy and procedures, including any clinical or safety restrictions or limitation on such rights, consistent with the requirements of this chapter, the reasons for the restriction or limitation, and to whom the restrictions apply, when he or she is informed of his or her other rights under this chapter.

“(c) The ALR shall not restrict, limit or otherwise deny visitation privileges on the basis of race, color, national origin, religion, sex, gender identity, sexual orientation, or disability.

“(d) The resident shall have the right and the ALR shall provide immediate access to any resident by the following:

“(1) Any representative of the Department of Health;

“(2) Any representative of the Office of the Long-term Care Ombudsman

“(3) Any representative of the Office on Aging;

“(4) Any representative from the Department on Disability Services;

“(5) Any representative from the Department of Behavioral Health;

“(6) The resident’s individual physician;

“(7) Immediate family or other relatives of the resident;

“(8) Other individuals that the resident has consented to visitation;

“(9) Legal counsel employed by the resident.

“(e) The ALR shall provide reasonable access to any residents by any entity or individual that provides health, social, legal, or other services to the resident.

“(f) The resident may deny or withdraw their consent to visitation at any time.

838 “(g) The ALR shall allow representatives of the Office of the Long-term Care  
839 Ombudsman to examine a resident’s clinical records with the permission of the resident or the  
840 resident’s legal representative.

841 (12) Section 105 is amended to add a new section 105(12) to read as follows:

842 “§ 44-105.12. Family Council, Resident and Family Council, and Resident Council.

843 “(a) The resident has the right to organize and participate in Resident and Family  
844 Council, or Resident Council, in the ALR, and to attend Family Council meetings.

845 “(b) The ALR shall provide a Family Council, Resident and Family Council, or  
846 Resident Council with private space and take reasonable steps, with the approval of the council,  
847 to make residents and family members aware of upcoming meetings in a timely manner.

848 “(c) The ALR shall support and provide a designated ALR staff liaison, approved by  
849 the Resident Council or Family Council or Resident and Family Council and the ALR, who is  
850 responsible for providing assistance and responding to written requests that result from council  
851 meetings.

852 “(d) The ALR shall consider the views of a Family Council, Resident and Family  
853 Council, or Family Council and act promptly upon the grievances and recommendations of such  
854 council concerning issues of residents’ care and life in the ALR. The ALR shall be able to  
855 demonstrate their response and the rationale for such response.

856 “(e) The ALR is not obligated to implement as recommended every request of the  
857 Family Council, Resident and Family Council, or Resident Council.

858 “(f) The ALR shall provide the Family Council, Resident and Family Council or  
859 Resident Council with a private space for meetings in the ALR facility and must support and  
860 encourage fully residents attending council meetings. The ALR shall make this private space

861 available at the date and time requested by the Family Council, Resident and Family Council, or  
862 Resident Council if the date and time was provided to the ALR and the designated ALR staff  
863 liaison thirty (30) days in advance of the requested date and time.

864           “(g) The ALR shall post notices of the Family Council, Resident and Family Council  
865 or Resident Council meetings prominently throughout the facility to notify residents of upcoming  
866 meetings. The ALR shall also publish the date, location, and time of Family Council, Resident  
867 and Family Council, or Resident Council meetings in all written and electronic communications  
868 sent to residents.

869           “(h) The ALR shall not schedule other activities at the same time as Family Council,  
870 Resident and Family Council, or Resident Council meetings.

871           “(i) ALR staff liaisons shall provide substantive written responses within fifteen (15)  
872 days to requests or questions submitted by the Family Council, Resident and Family Council, or  
873 Resident Council.

874           “(j) Family Council, Resident and Family Council, or Resident Council meetings are  
875 closed to ALR staff, visitors, or guests. A Family Council, Resident and Family Council, or  
876 Resident Council may invite ALR staff, visitors or guests to attend meetings. If ALR staff is  
877 invited to attend other than the ALR staff liaison, the ALR shall be provided twenty (20) days’  
878 notice, and attend at the scheduled date and time.”

879           (13) A new Subchapter Va. is inserted to read as follows:

880           “Subchapter Va. Department of Health Investigations of Complaints.

881           “§ 44-105a. DOH Investigations.

882           “(1) If an ALR receives a complaint of abuse, neglect, exploitation, the ALR shall  
883 immediately file a written report with the Department of Health within seven (7) days of

receiving the report of alleged abuse, neglect or exploitation. A statement by a resident or a resident representative that abuse, neglect or exploitation has occurred shall be presumed to be true by the ALR.

“(2) The ALR, upon receiving a complaint of abuse, neglect, exploitation, shall send a final written report of the investigation of the allegation to DOH within ten (10) days after filing its written report.

“(3) DOH shall acknowledge in writing complaints from residents and conclude investigations within thirty (30) days.

“(4) DOH shall investigate complaints of abuse, neglect, or exploitation when the alleged incident occurs in the ALR, when the ALR is responsible for the supervision of the resident at the time the incident occurs, or when the alleged perpetrator is affiliated with the ALR.

“(5) When investigating a complaint of abuse, neglect or exploitation, DOH shall visit the ALR and consult with persons thought to have knowledge of the incident. If the ALR fails to admit DOH staff for a complaint investigation, DOH may seek an order from the Superior Court of the District of Columbia.

“(6) An ALR is mandated to report every instance of abuse, neglect or exploitation to the Department of Health, Metropolitan Police Department, Long Term Care Ombudsman, and Office of the Attorney General.

“(7) If the ALR or DOH concludes that a resident has been abused, neglected or exploited by a guardian, the findings of the investigation shall be submitted by DOH with the probate court overseeing the guardianship.

“(8) All reports, records, and working papers used or developed by DOH related to an investigation of abuse, neglect or exploitation are confidential.

907           “(9) Completed written investigations with findings shall be available to the public and  
908 posted on the website following de-identification.

909           “(10) DOH shall notify the complainant and the ALR of the findings and results of  
910 DOH’s investigation.

911           “(11) Any person who reports or participates in an investigation of suspected abuse,  
912 neglect or exploitation in good faith will be immune from civil or criminal liability. This  
913 immunity shall extend to any liability that may arise from participating in court proceedings.

914           “(12) ALR staff that have cause to believe that the physical or mental health and welfare  
915 of a resident has been or may be adversely affected by abuse, neglect or exploitation or that the  
916 resident has died due to abuse or neglect, shall report abuse, neglect or exploitation to DOH.  
917 Staff shall provide the name, age and address of the resident; name and address of the person  
918 responsible for the care of the resident, if available; nature and extent of the elderly or disabled  
919 person’s condition; basis of the complainant’s knowledge and any other relevant information.

920           “(13) An ALR shall not take an adverse action against ALR staff who report abuse,  
921 neglect or exploitation.

922           “(14) If an ALR or ALR staff, another resident, or a family member of a resident file a  
923 written complaint against another resident, resident representative, or resident family member  
924 with DOH or the Long-Term Care Ombudsman, or copy DOH or the Long Term Care  
925 Ombudsman on such a complaint, inclusive of letters between lawyers, DOH or the Long-Term  
926 Care Ombudsman shall inform the resident and resident representative within twenty (20) days  
927 and allow the resident and resident representative to file a written response. The ALR shall  
928 inform the resident whether the complaint was filed by the ALR, ALR staff, another resident, or  
929 a family member of the resident.”



930 Sec. 7. Admissions; Residential Agreements; Quality of Care; Discharge; Transfer.

931 § 44-106 is amended as follows:

932 (1) Section 106(1) is amended by adding a new subsection (h) to read as follows:

933 “(h) An ALR may not require residents or prospective residents to waive their rights  
934 under this chapter.

935 (2) Section 106(1) is amended by adding a new subsection (b-1) to read as follows:

936 “(b-1) Prior to and upon admission, an ALR shall conduct an assessment of whether a  
937 resident is at risk for elopement. If a resident is identified as being a risk for elopement, the ALR  
938 shall disclose in writing to the resident and resident representative its policies and procedures on  
939 monitoring such residents and protecting against the resident’s elopement.”

940 “(A) All residents assessed at risk for elopement or with any history of elopement  
941 shall be identified so staff can be alerted to their needs for support and supervision.

942 “(B) As part of its resident elopement response policies and procedures, the ALR  
943 shall make, at a minimum, a daily effort to determine that at risk residents have identification on  
944 their persons that includes their name and the ALR’s name, address, and telephone number. Staff  
945 attention shall be directed towards residents assessed at high risk for elopement, with special  
946 attention given to those with Alzheimer’s disease or related disorders assessed at high risk.

947 “(C) At a minimum, the ALR shall have a photo identification of at risk residents  
948 on file that is accessible to all ALR staff and law enforcement as necessary. The ALR’s file shall  
949 contain the resident’s photo identification within ten (10) days of admission or within ten (10)  
950 days of being assessed at risk for elopement subsequent to admission. The photo identification  
951 may be provided by the ALR, the resident, or the resident’s representative.

952                   “(D) The ALR shall develop detailed written policies and procedures for  
953 responding to a resident elopement. At a minimum, the policies and procedures shall provide for:

954                   “(1) An immediate search of the ALR and premises;

955                   “(2) The identification of staff responsible for implementing each part of  
956 the elopement response policies and procedures, including specific duties and responsibilities;

957                   “(3) The identification of staff responsible for contacting law enforcement,  
958 the resident’s family, guardian, health care surrogate, and case manager if the resident is not  
959 located; and

960                   “(4) The continued care of all residents within the ALR in the event of an  
961 elopement.

962                   “(E) The ALR shall conduct and document resident elopement drills on an annual  
963 basis.”

964           (3) Section 106(2) is amended as follows by adding a new subsection (b), (c), (d) and (e)  
965 to read as follows:

966                   “(b) All resident agreements shall comply and be in conformance with the laws of the  
967 District of Columbia and United States and a copy of the fully executed Resident Agreement  
968 along with any relevant attachments, documents or exhibits shall be provided upon execution to  
969 the resident and resident’s representative.

970                   “(c) No resident agreements shall contain a pre-dispute agreement for binding  
971 arbitration provision or require a resident or a resident representative to sign a separate binding  
972 arbitration agreement as a condition for admission to the ALR.

973                   “(d) The resident agreement shall:

974                   “(1) Be entered into by the resident voluntarily;

975                   “(2) Provide for civil jury trial;

976                   “(3) Inform the resident that they have the right to refuse any services or treatment  
977 including physical therapy, occupational therapy, speech therapy, mental health assessment,  
978 mental health therapy or counseling, or any other assistance offered by the ALR. The resident  
979 agreement shall provide the fees associated with any of the services or treatment including  
980 medication administration, physical therapy, occupational therapy, speech therapy, mental health  
981 assessment, mental health therapy or counseling, or any other assistance offered by the ALR, and  
982 identify whether the resident is responsible for paying for the services. If any services are  
983 provided as part of a categorized level of care, the resident agreement and the individual service  
984 plan shall state exactly which services are provided for each categorized level of care and each  
985 service’s cost.

986                   “(4) Provide for selection of a venue convenient to both parties;

987                   “(5) Be signed by the resident or resident representative to be deemed a valid  
988 resident agreement.

989                   “(6) Can only be amended in writing and shall be signed by the resident or  
990 resident representative.

991                   “(7) An ALR is prohibited from using a resident agreement to designate a resident  
992 representative. An ALR shall maintain a copy of each resident’s written designation of resident  
993 representative in the resident’s file.”

994                   (4) Section 106(3) is amended as follows:

995                   (a) Section 106(3)(a) is amended by adding after the word “provisions” the following  
996 language: “and a statement that the resident has the right to know in advance what charges the  
997 ALR may impose against a resident’s personal funds”.

998 (b) Subsection 106(3)(a)(1)(A) is amended by striking the language and inserting the  
999 following language “The handling of the finances of the resident and stating that the resident has  
1000 a right to manage his or her financial affairs;”

1001 (c) Subsection 106(3)(a)(3) is amended by adding a new subparagraph (D) to read as  
1002 follows:

1003 “(D) The following items and services may be charged to a resident’s personal fund:

1004 “(i) Telephone, including cellular phones;

1005 “(ii) Television, radio, personal computer or other electronic device for  
1006 personal use;

1007 “(iii) Personal comfort items and services such as cosmetics and grooming  
1008 items and services;

1009 “(iv) Personal clothing;

1010 “(v) Personal reading materials;

1011 “(vi) Gifts purchased on behalf of residents;

1012 “(vii) Flowers and plants;

1013 “(viii) Non-covered special care services such as privately hired nurses or  
1014 aides;

1015 “(ix) Private room, except when therapeutically required; and

1016 “(x) Cost to participate in social events and entertainment outside the  
1017 scope of activities program.”

1018 (d) Section 106(3) is amended by adding new subsections (c), (d), (e), (f), (g), (h), (i)  
1019 and (j) to read as follows:

1020           “(c) The ALR cannot require a resident to deposit their personal funds with the ALR.  
1021 If the resident chooses to deposit personal funds with the ALR, upon written authorization of  
1022 resident, the ALR shall act as a fiduciary of the resident’s funds and hold, safeguard, manage,  
1023 and account for the personal funds of the resident deposited with the ALR.”

1024           “(d) An ALR shall deposit a resident’s personal funds in excess of \$100.00 in an  
1025 interest-bearing account that is separate from any of the facilities operating accounts, and that  
1026 credits of all interest earned on resident’s funds to that account. The ALR shall maintain a  
1027 resident’s personal funds that do not exceed \$100.00 in a noninterest bearing account, interest  
1028 bearing account, or petty cash fund.”

1029           “(e) The ALR shall establish and maintain a system that assures a full and complete  
1030 and separate accounting, according to generally accepted accounting principles, of each  
1031 resident’s personal funds entrusted to the ALR on the resident’s behalf.

1032           “(f) An ALR is prohibited from commingling a resident’s fund with the ALR’s funds  
1033 or with the funds of any person other than another resident.”

1034           “(g) The resident’s financial record shall be available to the resident through quarterly  
1035 statements and upon request of the resident or the resident representative.”

1036           “(h) Upon the discharge, eviction, or death of a resident with a personal fund  
1037 deposited with the ALR, the ALR shall convey within thirty (30) days the resident’s funds, and a  
1038 final accounting of those funds, to the resident, or in the case of death, the individual or probate  
1039 jurisdiction administering the resident’s estate in accordance with the laws of the District of  
1040 Columbia.”

1041           “(i) The ALR shall purchase a surety bond to assure the security of all personal funds  
1042 or residents deposited with the ALR.”

1043           “(j) The ALR shall not impose a charge against the personal funds of a resident for  
1044 any item or services for which payment is made under Medicaid or Medicare. The ALR may  
1045 charge the resident for requested services that are more expensive than or in excess of covered  
1046 services.”

1047           (5) Section 106(4) is amended by striking the language in its entirety and inserting the  
1048 following:

1049           “§ 44-106.04. Assessments and Individualized Service Plan

1050           “(a) The ALR shall conduct a pre-admission assessment prior to approval of an  
1051 application for residency at the ALR. The applicant will be provided with the assessment form  
1052 to complete in advance of a meeting between the ALR medical staff and the prospective resident.

1053           “(b) An ALR shall develop and implement a baseline care plan for a resident within  
1054 forty-eight (48) hours of the resident’s admission. The baseline care plan shall establish initial  
1055 goals for the resident, physician and dietary orders, mental health needs and any necessary  
1056 therapy or social services. A copy of the baseline care plan shall be provided to the resident and  
1057 resident representative and placed in the resident’s record.”

1058           “(c) An ALR shall conduct and complete a post move-in assessment of the resident  
1059 within ten (10) days of a resident’s admission and any time a significant change in the resident’s  
1060 condition occurs. An assessment must include observing and speaking with the resident, the  
1061 resident’s needs, strengths, goals, life history and preferences as well as speaking with all direct  
1062 care staff to the resident from all shifts. Prior to the assessment, the resident shall be provided  
1063 with a copy of the assessment form. Upon completion of the assessment, the resident shall be  
1064 provided with a copy of the completed assessment form.

1065           “(d) The ALR shall develop and implement an Individual Service Plan for each  
1066 resident within twenty (20) days of the post move-in assessment, and the ISP shall be reviewed  
1067 at least every six months thereafter.

1068           “(e) Individual Service Plans shall be prepared, in conjunction with the resident, by a  
1069 care plan team that must include a registered nurse with responsibility for the resident.

1070           “(f) To the extent practicable, the resident shall be provided with opportunities to  
1071 participate in the care planning process, his or her treatment, and know the status of their medical  
1072 condition.

1073           “(g) The resident shall have the right to approve their ISP and it shall not be valid  
1074 without the resident’s approval and signature.

1075           “(h) The resident shall have the right to participate in the development and  
1076 implementation of his or her ISP including:

1077           “(1) The right to participate in the planning process and identify individuals or  
1078 roles, to be included in the planning process;

1079           “(2) The right to request meetings and request revisions to the ISP;

1080           “(3) The right to participate in establishing the expected goals and outcomes of  
1081 care, the type, amount, frequency, and duration of care, and any other factors related to the  
1082 effectiveness of the ISP;

1083           “(4) The right to be informed, in advance, of changes to the ISP and to approve or  
1084 reject those changes within thirty (30) days;

1085           “(5) The right to receive the services or items included in the ISP;

1086           “(6) The right to review the ISP immediately upon request;

1087                   “(7) The right to prohibit anyone other than the ALA, medical staff or anyone  
1088 approved by the resident from participating on their Individual Service Plan team; and

1089                   “(8) The right to include in the resident’s record any information, documents,  
1090 email, notes, memos, documents, and other materials that the resident believes are relevant to  
1091 their emotional, medical, psychosocial or therapeutic care and treatment.

1092                   “(i) The ALR shall inform the resident in writing of the right to participate in his or  
1093 her treatment and shall support the resident in exercising this right.

1094                   “(j) The ISP shall include:

1095                   “(1) An assessment of the resident’s strengths and needs;

1096                   “(2) The resident’s personal and cultural preferences in developing goals of care;

1097                   “(3) The resident’s emotional needs and preferences;

1098                   “(4) The right to be informed;

1099                   “(5) The services to be furnished, the type of care giver or professional that will  
1100 furnish services, the frequency and schedule of services to be provided, and the cost of the  
1101 services;

1102                   “(6) The right to be informed in advance by the physician, other health  
1103 practitioner, professional, of the risks and benefits of the proposed care, of treatment and  
1104 treatment alternatives or treatment options, and to choose the alternative or option he or she  
1105 prefers.

1106                   “(7) An ALR is prohibited from implementing an Individual Service Plan without  
1107 a resident’s signature and the signature of the personal physician. An ISP shall not be placed in  
1108 the resident’s file until executed by both the ALR and the resident.”

1109                   “(8) The ISP shall include shared responsibility agreement when necessary.



1110               “(9) The ISP shall be updated more frequently if there is a significant change in  
1111 the resident’s condition.

1112               “(k) The resident shall have the right to refuse or discontinue treatment, and to  
1113 participate in or refuse to participate in experimental research.

1114               “(l) The resident shall have the right to formulate and execute an advance directive.

1115               “(m) If there is a disagreement between the resident and resident representative about  
1116 the content of the Individual Service Plan, the ALR staff shall immediately and directly  
1117 communicate the content of the Individual Service Plan to the resident and resident  
1118 representative. ALR staff must follow the direction of the resident regarding the resident’s care  
1119 unless the resident has been declared incompetent by a court of law.”

1120               (6) Section 106(6) is amended as follows:

1121               § 44-106.06. Resident records.

1122               (a) Section 106(6) is amended by inserting a new subsection (a) with subparagraphs  
1123 (7), (8), (9), and (10) to read as follows:

1124               “(7) Any note and comments added to the record by resident or resident  
1125 representative;

1126               “(8) Any allegation and finding of abuse, neglect or exploitation;

1127               “(9) A copy of any grievance filed by the resident or the resident representative and a  
1128 copy of the ALR’s response;

1129               “(10) Any medication errors; and

1130               “(11) Any adverse events, falls or injuries experienced by the resident.”

1131               (b) Section 106(6) by inserting new subsections (b), (c), (d), (e), (f), (g), (h), (i) and  
1132 (j) to read as follows:

1133                   “(b) An ALR shall provide access to a resident and resident representative to the  
1134 resident’s resident record including the resident’s protected health information. The ALR shall  
1135 allow the resident to inspect, obtain a copy, or both, of the resident records including the  
1136 resident’s protected health information, as well as to direct the ALR to transmit a copy of the  
1137 protected health information to a designated person or entity of the resident’s or resident  
1138 representative’s choice.

1139                   “(1) The resident and resident representative shall have the same right to inspect,  
1140 obtain a copy, or both, of the protected health information as well as to direct the ALR to  
1141 transmit a copy of the protected health information to a designated person or entity of the  
1142 resident’s or resident representative’s choice if the protected health information is maintained by  
1143 a business associate on behalf of the ALR regardless of the date the information was created,  
1144 whether the protected health information is maintained in paper or electronic systems onsite,  
1145 remotely or is archived.

1146                   “(2) A resident and resident representative shall not have the right to access  
1147 psychotherapy notes.

1148                   “(3) If a resident or resident representative directs the ALR to transmit protected  
1149 health information to another person or entity designated by the resident or resident  
1150 representative, the request must be in writing, signed by the resident or resident representative,  
1151 and clearly identify the designated person and where to send the protected health information.  
1152 An ALR may accept an electronic copy of a signed request as well as an electronically executed  
1153 request that includes an electronic signature.

1154                   “(c) An ALR may require the resident or a resident representative to request in  
1155 writing access to protected health information and shall inform the resident or resident

representative of this requirement. An ALR is prohibited from imposing unreasonable measures or unreasonable delay on a resident or resident representative to request access protected health information. An ALR shall not be allowed to charge the resident or resident representative for copies of or access to protected health information.

“(d) An ALR shall take reasonable steps to verify the identity of the resident or resident representative requesting access to protected health information. Verification may be done orally or in writing. If an ALR provides access to protected health information through a web portal, the ALR shall ensure the web portal has appropriate authentication controls.

“(e) The ALR shall provide a totally private space for a resident or resident representative to review hard copies and electronic forms of the protected health information. An ALR is permitted to provide computer terminal access with assistance for immediate viewing of protected health information maintained in electronic form. If computer terminal access is provided and assistance is not requested, the ALR shall provide a totally private space for the resident or resident representative to review their protected health information.

“(f) The resident or resident representative may make copies of their protected health information.

“(g) An ALR shall create a system to track and identify individuals or entities that access any information contained in a resident’s record. The system shall also track the reason the information was accessed. The tracking system shall record the name and signature of the individual accessing the resident’s record, date, time, and reason for access. The resident shall be permitted to review who accessed their record and the reason for the access immediately upon request.

1178 “(h) An ALR shall grant immediate access to a resident or resident representative to  
1179 protected health information. If staff assistance is requested for electronic access, the ALR shall  
1180 make staff available within two hours of the request.

1181 “(i) An ALR shall provide the resident or the resident representative with access to  
1182 protected health information in the form and format requested by the resident or resident  
1183 representative, if readily producible in that form and format. If the information is not readily  
1184 producible, in the requested form and format, the ALR shall provide a readable hard copy form  
1185 or other form and format as agreed to by the ALR and the resident or resident representative.

1186 “(j) An ALR shall provide copies to the resident or resident representative of the  
1187 requested protected health information within two (2) business days from receiving the request.  
1188 If the ALR is unable to provide the copies within two (2) business days, the ALR may extend the  
1189 time by no more than five (5) days. If the ALR extends the time, the ALR must inform the  
1190 resident or resident representative in writing of the reason for the delay and the date by which the  
1191 ALR will provide access and copies of the request protected health information. The ALR shall  
1192 only be allowed one extension per request.

1193 (7) Section 106(8) is amended as follows:

1194 § 44-106.08. Discharge and transfer.

1195 (a) Section 106(8)(c) is amended by striking the language and inserting the following:

1196 “(c)(1) The ALR shall permit each resident to remain in the ALR, and not transfer  
1197 or discharge the resident from the ALR, unless:

1198 “(A) The safety of individuals in the ALR is endangered due to the clinical or  
1199 behavioral status of the resident;

1200 “(B) The health of individuals in the ALR would otherwise be endangered;

1201                   “(C) The resident has failed, after reasonable and appropriate notice, to pay  
1202 for (or to have paid by a third-party) a stay at the ALR. Non-payment applies if the resident does  
1203 not submit the necessary paperwork for third party payment or after the third party, denies the  
1204 claim and the resident refuses to pay for his or her stay. For a resident who becomes eligible for  
1205 Medicaid after admission to a ALR, the ALR may charge a resident only allowable charges  
1206 under Medicaid;

1207                   “(D) The transfer back to the ALR is not approved by the resident’s primary  
1208 care physician or a physician the resident chooses; or

1209                   “(E) The ALR ceases to operate.

1210                   “(2) The resident has an absolute right to reside in and have access to one’s living  
1211 unit at all times.

1212                   “(A) Any effort to immediately or suddenly, and without proper notice as  
1213 required by this chapter to block, delay or restrict in any manner a resident from accessing their  
1214 living unit shall constitute an unlawful involuntary discharge and subject the facility to fines,  
1215 penalties and reimbursement of any out of pocket expenses (medical and otherwise) incurred by  
1216 the resident as a result of the unlawful discharge attempt.

1217                   “(B) The ALR shall comply with the procedures in this chapter if the ALR  
1218 wants to restrict the resident’s or resident representative’s access in any way, following a  
1219 hospitalization or otherwise, unless there is an immediate and dire medical need to be addressed,  
1220 such as the need for quarantine for purposes of contagion. A personal or attending physician’s  
1221 assessment and clearance shall be sufficient, and may not be overridden by the ALR or the  
1222 ALR’s medical director. If an attending hospital’s physician’s assessment is contrary to the  
1223 resident’s wishes, a second opinion from the resident’s personal physician or another physician

selected by the resident or resident representative may be requested by the resident or resident representative, and shall be abided by.

“(C) The Long-term Care Ombudsman shall have twenty-four (24) hour and seven (7) day access to ALR staff or contractors to act as advocates in transfer and discharge cases. The ALR shall immediately inform the resident and resident representative of their right to contact the long-term care ombudsman and provide the resident and resident representative, in writing, the contact information for the long-term care ombudsman.

“(D) A refusal to pay a contested portion of a bill shall not constitute grounds for involuntary transfer or discharge.

“(3) The ALR may not transfer or discharge the resident when a resident exercises his or her right to appeal a transfer or discharge notice from the ALR pursuant to this chapter, unless the Long Term Care Ombudsman and resident’s personal physician agree that failure to discharge or transfer would endanger the health or safety of the resident, or the Long Term Care Ombudsman and ALR Medical Director and DOH agree that failure would endanger other individuals in the ALR. The ALR shall document the danger that failure to transfer or discharge would pose for presentation to the Ombudsman, physicians, DOH, the resident or the resident representative.

“(4) When the ALR transfers or discharges a resident under any of the circumstances specified in paragraphs (c)(1)(A) through (E) of this section, the ALR shall ensure that the transfer or discharge is documented in the resident’s medical record and appropriate information is communicated to the receiving health care institution or provider.

“(A) Documentation in the resident’s medical record shall include:

“(i) The basis for the transfer.

1247                   “(ii) In the case of paragraph (c)(1)(A) of this section, the specific resident  
1248   need(s) that cannot be met, ALR attempts to meet the resident needs, and the service available at  
1249   the receiving ALR to meet the need(s).

1250                   “(B) The documentation required by paragraph (c)(4)(A)(ii) of this section shall  
1251   be made by the resident’s physician or choice of physician when transfer or discharge is  
1252   necessary under paragraph (c)(1)(A) or (B) of this section.

1253                   “(C) Information provided to the receiving provider shall include a minimum of  
1254   the following:

1255                   “(i) Contact information of the practitioner responsible for the care of the  
1256   resident;

1257                   “(ii) Resident representative information including contact information;

1258                   “(iii) Advance Directive information;

1259                   “(iv) All special instructions or precautions for ongoing care, as appropriate;

1260                   “(v) Comprehensive care plan goals; and

1261                   “(vi) All other necessary information, including a copy of the resident’s  
1262   discharge summary and any other documentation, as applicable, to ensure a safe and effective  
1263   transition of care.

1264                   “(5) Notice before transfer. Before an ALR transfers or discharges a resident, the ALR  
1265   shall:

1266                   “(A) Notify the resident and the resident’s representative(s) of the transfer or  
1267   discharge and the reasons for the move in writing and in a language and manner they understand.  
1268   The ALR shall immediately send a copy of the notice to a representative of the Office of the  
1269   Long-Term Care Ombudsman.

1270           “(B) Record the reasons for the transfer or discharge in the resident’s medical record  
1271 in accordance with paragraph (c)(4)(A) of this section; and

1272           “(C) Time the notice as follows:

1273           “(i) The notice of transfer or discharge required under this section shall be made  
1274 by the ALR at least 30 days before the resident is transferred or discharged.

1275           “(ii) Notice shall be made as soon as practicable before transfer or discharge  
1276 when:

1277           “(aa) The safety of individuals in the ALR would be endangered under  
1278 paragraph (c)(1)(A) of this section;

1279           “(bb) The health of individuals in the ALR would be endangered, under  
1280 paragraph (c)(1)(B)(D) of this section;

1281           “(cc) An immediate transfer or discharge is required by the resident’s urgent  
1282 medical needs, under paragraph (b) of this section; or

1283           “(dd) A resident has not resided in the ALR for thirty (30) days.

1284           “(5) Contents of the notice. The written notice specified in paragraph (5)(c) of this  
1285 section shall include the following:

1286           “(i) The reason for transfer or discharge;

1287           “(ii) The effective date of transfer or discharge;

1288           “(iii) The location to which the resident is transferred or discharged which may not be  
1289 a hospital;

1290           “(iv) A statement of the resident’s appeal rights, including the name, address (mailing  
1291 and email), and telephone number of the entity which receives such requests; and information on



1292 how to obtain an appeal form and assistance in completing the form and submitting the appeal  
1293 request;

1294 “(v) The name, address (mailing and email) and telephone number of the Office of  
1295 the Long-Term Care Ombudsman;

1296 “(6) Changes to the notice. If the information in the notice changes prior to effecting the  
1297 transfer or discharge, the ALR shall update the recipients of the notice as soon as practicable  
1298 once the updated information becomes available.

1299 “(7) Orientation for transfer or discharge. An ALR shall provide and document sufficient  
1300 preparation and orientation to residents to ensure safe and orderly transfer or discharge from the  
1301 ALR. This orientation shall be provided in a form and manner that the resident can understand.

1302 “(8) Notice in advance of ALR closure. In the case of ALR closure, the individual who is  
1303 the administrator of the ALR shall provide written notification prior to the impending closure to  
1304 the Department of Health, the Office of the Long-Term Care Ombudsman, residents of the ALR,  
1305 and the resident representatives, as well as the plan for the transfer and adequate relocation of the  
1306 residents.

1307 “(9) Room changes in a composite distinct part. Room changes in a ALR that is a  
1308 composite distinct part shall be limited to moves within the particular building in which the  
1309 resident resides, unless the resident voluntarily agrees to move to another of the composite  
1310 distinct part’s location.”

1311 (b) Section 106(8)(d) is amended by adding a new subparagraph (1) to read as  
1312 follows:

1313                   “(1) In the event of an involuntary discharge, a resident shall have the right to  
1314 remain at the ALR until a final discharge determination is made pursuant to the process  
1315 established in subchapter III of Chapter 10 of this title.”

1316                   (c) Section 106(8) is amended by inserting a new subsection (g) to read as follows:

1317                   “(g) An ALR may not transfer a resident to hospital unless there is a sudden,  
1318 unexpected and life-threatening medical emergency.

1319                   Sec. 8. Staffing and Training.

1320                   § 44-107 is amended as follows:

1321                   (1) Section 107(1)(a) is amended by striking the language in its entirety and inserting  
1322 the following:

1323                   “(1) An ALR shall conduct a disciplinary background check of an ALA prior to an  
1324 offer of employment.

1325                   “(2) An ALR shall be supervised by an on-site full-time ALA who shall be  
1326 responsible for all personnel, on-site training of staff, and services within the ALR. The ALA’s  
1327 name and contact information shall be posted in a prominent location at the entrance of the  
1328 facility.

1329                   “(3) If an ALA is unable to be on-site full-time, an acting ALA shall be designated  
1330 and shall have and exercise the same supervisory authority while on duty. The ALA designee’s  
1331 name and contact information shall be posted in a prominent location at the entrance of the  
1332 facility whenever they are on duty.

1333                   “(4) An ALR shall have an ALA or acting ALA on-site after business hours and on  
1334 weekends.

1335           “(5) An ALR shall notify DOH when any licensed health professional in its employ is  
1336 terminated or resigns.

1337           (2) Section 107(c)(3) is amended by adding a new subsection (3a) and (3b) to read as  
1338 follows:

1339           “(3)(a)(A) An ALA shall complete assisted living core training and pass competency  
1340 test with a score of seventy-five (75) percent or greater within ninety (90) days of becoming an  
1341 ALA at an ALR.

1342           “(B) An ALA shall complete annually twelve (12) hours of continuing education  
1343 in topics related to assisted living. Inclusive of three (3) hours related to the ALR laws and  
1344 regulations in D.C.

1345           “(3)(b)(A) An ALA who has completed the assisted living core training and  
1346 continuing education requirements shall not be required to retake core training if they are hired at  
1347 different ALR. If the ALA has failed to maintain annually twelve (12) hours of continuing  
1348 education requirements, the ALA shall be required to comply with subsection (3a) of section  
1349 within ninety (90) days of employment.

1350           “(B) The competency test fee shall not exceed \$200.00. The payment for the  
1351 competency test shall be remitted to the entity administering the test. The fee may be charged  
1352 each time the test is taken.

1353           (3) Section 107(1)(d)(1)(B) is amended by inserting subparagraph (1), (2) (3) and (4)  
1354 to read as follows:

1355           “(1) The ALR shall have a registered nurse on-site twenty-four hours a day seven  
1356 days a week. The on-duty registered nurse’s name and contact information must be posted in a  
1357 prominent location at the entrance of the facility.

1358           “(2) The ALR shall maintain consistent staff to resident ratios for nurses, care  
1359 managers, and direct care staff for all employee work shifts.

1360           “(3) In an ALR with the capacity to house more than sixty (60) residents, the ALR  
1361 shall employ an independent licensed clinical social worker for a minimum of twenty hours a  
1362 week. The social worker shall attend to the emotional and psychosocial needs of residents by  
1363 meeting with residents individually or in group settings. The ALR shall not assign the social  
1364 worker any administrative duties.

1365           “(4) In an ALR with the capacity to house more than one hundred and twenty (120)  
1366 residents, the ALR shall employ an independent licensed clinical social worker for a minimum of  
1367 forty hours a week. The social worker shall attend to the emotional and psychosocial needs of  
1368 residents by meeting with residents individually or in group settings. The ALR shall not assign  
1369 the social worker any administrative duties.

1370           (4) Section 107(1)(d) is amended by adding new subparagraphs (14), (15), (16), and  
1371 (17) to read as follows:

1372           “(14) Assure at least one staff member is present physically at all times at the ALR who  
1373 has access to all areas of the facility and resident records;

1374           “(15) Assure at least one staff member is awake at all hours of the day and night; and

1375           “(16) Assure that a written work schedule that reflects the ALR’s twenty-four (24) hour  
1376 staffing pattern is provided to residents and resident representatives.

1377           “(17) An ALR shall conduct a disciplinary background check of all employees prior to an  
1378 offer of employment.”

1379           (5) Section 107(1)(g)(3) is amended by inserting the following before the semi-colon: “to  
1380 include elopement response policies and procedures within thirty (30) days of employment.”

1381 (6) Section 107(1)(g)(5) is amended by adding subparagraphs (A), (B) and (C) to read as  
1382 follows:

1383 “(A) A minimum of one (1) hour in-service training in infection control inclusive  
1384 of universal precautions and facility sanitation policies, and two (2) hours to include in-service  
1385 training in fall prevention, dementia, and Alzheimer’s within forty-five (45) days of  
1386 employment.

1387 “(B) A minimum of one (1) hour of in service training on reporting major  
1388 incidents, adverse incidents, and facility emergency procedures to include chain of command and  
1389 staff roles during an emergency event within forty-five (45) days of employment.

1390 “(C) ALR staff who have not completed assisted living core training shall  
1391 complete two (2) hours of in-service training within forty-five (45) days of employment on the  
1392 following topics:

1393 “(1) Resident rights; and

1394 “(2) Procedures for detecting and reporting suspected abuse, neglect, or  
1395 exploitation;

1396 (7) Section 107(1) is amended by adding a new subsection (j), (k) and (l) to read as  
1397 follows:

1398 “(j) All ALR staff that provide direct care to residents, other than nurses, CNAs, or  
1399 home health care aides, shall receive three (3) hours of in-service training in resident behavior  
1400 and needs and providing assistance with the activities of daily living within forty-five (45) days  
1401 of employment.

1402 “(k) All ALRs shall maintain the following minimum staff ratios:

1403	Number of Resident	Staff Hours per Day
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1404	5	24
1405	15	58
1406	25	98
1407	35	136
1408	45	175
1409	55	214
1410	65	253
1411	75	292
1412	85	331
1413	95	370

1414 For ALR facilities that have more than ninety-five residents, the ALR shall add an  
1415 additional eighty (80) hours for each additional twenty (20) residents above ninety-five.

1416 “(l) If an ALR fails to maintain the staffing minimum as required by this section,  
1417 DOH shall require the ALR to submit a corrective action plan that states how the ALR will  
1418 immediately increase its staff to resident ratio. If the ALR demonstrates that resident needs are  
1419 being met or can be met without increased staffing, the ALR may modify the staffing ratios.

1420 (8) Section 107(2) is amended as follows:

1421 (1) Section 107(2)(a) is amended by inserting after the first sentence the following  
1422 language: “All staff shall be properly trained and able to demonstrate proficiency in the skills  
1423 required to effectively meet the requirements of this chapter. The ALR shall maintain a twenty-  
1424 six (26) hour core training requirement for all staff which includes passing a core competency  
1425 proficiency examination with a minimum score of seventy-five (75) percent.”

(9) Section 107(2)(4)(L) is amended by adding the following after the period: "All staff designated to handle, prepare and serve food to residents shall be required annually to complete a minimum of two (2) hours of food preparation, food handling, food service and sanitization, and other topics related to nutrition within forty-five (45) days of employment. An ALR is permitted to allow a certified food manager, licensed dietician, registered dietary technician, or DOH sanitarians to conduct and certify completed training to satisfy the requirements of this chapter."

(10) Section 107(2)(a)(4) is amended by adding new subsection (4a) to read as follows:

"(a) All ALR staff shall complete one education and training course on HIV and AIDS and provide a copy of their certificate of completion to the ALR within 45 days of the start of their employment.

"(b) All ALR staff shall complete and provide a copy of their certificate of completion of a CPR course administered by an accredited college or university, vocational school, licensed hospital, the American Red Cross, American Heart Association, National Safety Council or a by a provider approved for such training by the DOH.

"(c)(1) If an ALR represents that it provides specialized care for Alzheimer's disease and related disorders (ADRD), the ALR shall ensure that all ALR staff who have direct contact with residents, have completed within ninety days (90) of employment four (4) hours of training in the following:

"(A) Understanding ADRD;

"(B) Characteristics of ADRD;

"(C) Communicating with individuals who have ADRD;

"(D) Family challenges associated with ADRD;

"(E) Ethical issues associated with ADRD;

1449                   “(F) Appropriate environments for individuals who have ADRD; and  
1450                   “(2) completed within nine (9) months of employment four (4) additional hours of  
1451 training in the following:  
1452                   “(A) Behavior management for individuals who have ADRD;  
1453                   “(B) Assistances with ADLs;  
1454                   “(C) Appropriate activities for individuals who have ADRD  
1455                   “(D) Stress Management for caregivers of individuals who have ADRD; and  
1456                   “(E) Medical treatment of individuals who have ADRD.  
1457                   “(d) ALR staff with direct contact with residents who have ADRD are required to  
1458 annually complete four (4) of continuing education on ADRD. ALR staff may count continuing  
1459 education training under this section toward the twelve hours of continuing education mandated  
1460 under this chapter.  
1461                   “(e) The ALR shall provide to ALR staff who have minimal or no direct contact with  
1462 residents general written information about ADRD and how to interact with individuals who  
1463 have ADRD.  
1464                   “(f) All ALR staff shall complete one hour of in-service training on the ALR’s policy  
1465 Do Not Resuscitate Orders within forty-five (45) days of employment.  
1466                   “(g)(1) When an ALR is a mental health facility, all ALR staff shall complete within  
1467 six (6) months of employment the following training:  
1468                   “(A) A minimum of six hours of specialized training in working with individuals  
1469 with mental health diagnosis; and



1470                   “(B) A minimum of 3 hours of continuing education in mental health diagnoses,  
1471   mental health counseling and treatment, mental health crisis interventions and involuntary  
1472   commitments.

1473                   “(2) Mental health training courses pursuant to this section may be provided or  
1474   approved by the Department of Behavioral Health.

1475                   “(3) Training completed by pursuant to this section shall be eligible for six (6) hours  
1476   of the required credited twelve hours of continuing education required by this section. An ALA  
1477   may only receive three (3) hours of eligible credit toward the twelve hours of continuing  
1478   education required by this section.

1479                   (11) Section 107(2)(c) is amended by striking the phrase “in-service training” and  
1480   inserting the following phrase “continuing education”.

1481                   (12) Section 107(2)(c)(3) is amended by striking the word “Four” and inserting the word  
1482   “Eight” and striking the phrase “creditable expert” and inserting the phrase “nationally  
1483   recognized organization”

1484                   (13) Section 107(2)(a)(4) is amended by adding a new subparagraph (N) to read as  
1485   follows:

1486                   “(N) Fire safety to include Evacuation and Emergency Management training.

1487                   (14) Section 107(2) is amended to add subsection (e), (f) and (g) to read as follows:

1488                   “(e) An ALR shall maintain copies of certificates and certificates of completion for  
1489   all staff in the employee’s personnel file. For all training completed by an employee, the ALR  
1490   shall also document in the employee’s file the following information:

1491                   “(1) Name of the program;

1492                   “(2) Type of program;

1493 “(3) Program agenda;

1494 “(4) Number of hours of the training program;

1495 “(5) Employee’s name, dates of participation, and training location; and

1496 “(6) Trainer’s name, credentials, professional license (if applicable).

1497 “(f) Upon successful completion of training pursuant of this chapter, the training

1498 provider shall issue a certificate of completion to the trainee.

1499 “(g) The ALR shall provide DOH with a copy of all of its employees’ training records

1500 for review and inspection upon request. DOH is permitted to observe in-service training at the

1501 ALR.

1502 (15) Section 107 is amended to add a new section 107(3) to read as follows:

1503 “§ 44-107.03 Staff Documentation.

1504 “(a) Within thirty (30) days of employment, ALR staff must submit a written statement

1505 from a healthcare provider that the staff member does not have any signs or symptoms of a

1506 communicable diseases. The written statement shall not be more than one hundred and twenty

1507 (120) days from the date of hire.

1508 Sec. 9. Medication Management.

1509 § 44-109 is amended as follows:

1510 (1) Section 109(1)(3) is amended by striking the language in its entirety and inserting the

1511 following:

1512 “(3) Requires that medication be administered by a TME, licensed nurse, physician, or

1513 physician’s assistant.”

1514 (2) Section 109(1) is amended by inserting a new subsection (4), (5), (6), (7), (8), (9) and

1515 (10) to read as follows:

1516           “(4) An ALR may administer medications to a resident, if:

1517               “(a) a resident chooses to have their medication administered by a TME, licensed

1518 nurse, physician, or physician’s assistant;

1519               “(b) the ALR discloses, orally and in writing, any fees associated with medical

1520 administration, and the resident signs a form acknowledging disclosure of the ALR’s fees and

1521 medication administration policy;

1522               “(c) the initial assessment and the resident’s primary care physician find that the

1523 resident is not capable of self-administration; and

1524               “(d) The ALR staff administering the medication shall be available to administer

1525 medications in accordance with the resident’s health care provider’s order or prescription label.

1526               “(e) If there is a disagreement about the resident’s ability to self-administer

1527 medication between the primary care physician, resident, and the ALR’s licensed medical staff, a

1528 shared responsibility agreement may be implemented after consultation with the Long Term Care

1529 Ombudsman or DOH.

1530               “(f) A resident shall not be compelled to take medications but may be counseled

1531 in accordance with this chapter.”

1532           “(5) Medication administration includes conducting an examination or medical test

1533 necessary for the proper administration of medication that the resident cannot self-perform or be

1534 performed by the ALR’S licensed staff.

1535           “(6) If the ALR staff observes health or medical changes that may be attributed to the

1536 administration of medication, the ALR’s licensed medical staff shall report immediately to the

1537 resident’s primary health care provider concerning any problems the resident may be

1538 experiencing in the administration of medication. The ALR shall document contact with the  
1539 resident's primary health care provider in the resident's record.

1540       “(7) Any preventable medication event or error that may cause or lead to inappropriate  
1541 use or non-use of medication and harm to the resident, shall be reported to the Director of  
1542 Nursing, ALA, resident's primary care health provider, ALR's Risk Management department or  
1543 general counsel, resident, or resident representative. The ALR shall immediately investigate the  
1544 medication event or error immediately after discovery or reporting. All medication events or  
1545 errors shall be documented in the resident's medical records.

1546       “(8) If an intervention is ordered by the resident's primary health care provider, the  
1547 intervention shall be based on the severity of the medication event or error and in accordance  
1548 with the physician's orders.

1549       “(9) Facility employees who are found to be responsible for medication events or errors  
1550 shall be disciplined in accordance with ALR facility disciplinary policies. ALR employees with  
1551 more than four (4) errors in a six (6) month period shall be required to complete four hours of  
1552 retraining in medication administration.

1553       “(10) Nothing in this chapter shall enable an ALR to interfere with a resident's right to  
1554 self-administer prescription medications or over-the-counter medications unless so ordered by  
1555 the resident's personal physician.

1556       (3) Section 109(4) is amended as follows:

1557       (a) Section 109(4)(a) is amended by inserting the phrase “locked and ” after the word “a”  
1558 and before the word “secured”.

1559       (b) Section 109(4)(a) is further amended by striking the last sentence and inserting the  
1560 following language “All medication shall be maintained in an a damp-free area under normal

1561 temperatures, excluding medications that shall be refrigerated. Medication requiring  
1562 refrigeration shall be locked and secured whether in a locked container within a refrigerator, a  
1563 locked refrigerator, or in a locked area. Space for necessary medical supplies and equipment  
1564 shall be provided.”

1565 (c) Section 109(4)(d) is amended by adding a new subsection (1) to read as follows:

1566 “(1) An ALR is prohibited from maintaining a stock supply of over-the-  
1567 counter medications for administration to multiple residents.”

1568 (d) Section 109(4)(e)(1) is amended by inserting the following after the period:

1569 “Medication that has been discontinued but not expired shall be returned to the resident or the  
1570 resident’s representative, as appropriate, or may be stored by the ALR for future use by the  
1571 resident if prescribed by the resident’s primary health care provider or at the resident’s request.  
1572 Discontinued medication shall be clearly marked and kept in separate locked and secured storage  
1573 apart from medication in current use.”

1574 (e) Section 109(4)(e)(2) is amended adding a new subsection (e)(2a) to read as follows:

1575 “(2a) If the ALR prepares a customized resident medication package for  
1576 administration which is separated into individual medical drug containers, the following  
1577 information shall be include the resident’s name and identify the name of each medication in the  
1578 container.”

1579 (f) Section 109(4)(e)(7) is amended by inserting the following sentence after the period:

1580 “All expired or unused medication, or medication abandoned by the resident, as a result of death  
1581 or discharge (whether involuntary or voluntary), shall be disposed of by the ALR in accordance  
1582 with D.C. Official Code § 44-851 and shall be documented in the resident’s record.”

(g) Section 109(4)(e)(8) is amended by striking the subsection and inserting a new subsection (8) and subparagraphs (a), (b), (c), (d) and (e) to read as follows:

“(8) Residents who self-administer medication may keep and use prescription, nonprescription, and over-the-counter medications in their units and on their possession as long as they keep them secure from other residents by keeping their unit locked at all times. If a resident maintains medications in their unit, the medication, whether prescription, non-prescription or over-the-counter, shall be kept securely locked and away from other residents whether the resident is present or absent from their unit.

“(a) Residents may elect to self-administer medications on their own or with the assistance of a resident representative, family member, or private duty nurse or aide. The resident shall indicate their decision to self-administer medication in the resident’s ISP and Shared Responsibility Agreement if applicable. If a resident elects to self-administer medication, the resident may use a pill organizer or automated medication assistance devices.

“(b) Residents who are capable of self-administering medications without assistance shall be encouraged and allowed to do so if they choose.

“(c) A resident who self-administers medications shall provide the ALR with a list of all prescription medications they are taking and shall be required to update this list every time a new medication is prescribed. This list and any updates shall be included in the resident’s record.

“(d) Residents or resident representatives are permitted to purchase prescription and over-the-counter medications and choose where they may make their purchase. A resident is not required to have a physician’s or health care provider’s prescription to self-administer over-the-counter medications.

1606           “(e) All residents who self-administer medication shall be assessed every sixty (60)  
1607 days to determine if they remain capable of self-administering medication.”

1608           (4) Section 109(4) is amended by adding new subsections (9) and (10) to read as follows:

1609           “(9) If the ALR staff observes health or medical changes that may be attributed to the  
1610 improper self-administration of medication, the ALR’s licensed medical staff shall consult with  
1611 the resident or the resident representative concerning any problems the resident may be  
1612 experiencing in their health or self-administration of medication. The consultation shall describe  
1613 the observed change, possible solutions or medical recommendations, or recommendation that  
1614 the ALR take control of the administration of medication. The consultation shall disclose if any  
1615 recommendation will result in an additional cost to the resident.

1616           “(a) The ALR shall contact the resident’s primary health care provider when an  
1617 observable health or medical change that may be attributed to the improper self-administration of  
1618 medication. The ALR shall document contact with the resident’s primary health care provider in  
1619 the resident’s record.

1620           “(10) In the event of voluntary or in-voluntary discharge, or upon a resident’s death, the  
1621 ALA shall notify and return all medications to the resident or resident’s representative, family  
1622 member or guardian unless otherwise prohibited by law. If after fifteen (15) days, the resident’s  
1623 medications remain unclaimed at the ALR, the medication shall be considered abandoned and  
1624 disposed of in accordance with D.C. Official Code §44-109.04(7) and § 44-851.”

1625           (5) Section 109(5) is amended as follows:

1626           (a) Section 109(5)(a) is amended by inserting “For those residents electing to have the  
1627 facility administer their medicine” before the word “licensed” and striking the word “may” and  
1628 inserting the word “shall” in its place.

1629 (b) Section 109(5)(b)(1) is amended by adding the following after the period:

1630 “Customized resident medication package shall identify the resident by name, identify of each

1631 drug in the package before administering.

1632 (c) Section 109(5) is amended by adding new subsections (c), (d), (e), (f) and (g) to read

1633 as follows:

1634 “(c)(1) When an ALR administers medication to the resident, the ALR shall maintain

1635 a daily Medication Administration Record (MAR), either electronic or written, for each resident

1636 that documents the following information:

1637 (A) Resident’s name;

1638 (B) Known allergic reactions;

1639 (C) Primary health care provider name and contact information;

1640 (D) Name, dosage and strength of all medication prescribed to the

1641 resident;

1642 (E) Schedule for administration of medication;

1643 (F) Missed dosages or late administration;

1644 (G) Resident’s refusal to take medication; and

1645 (H) Medication events or errors.

1646 “(c)(2) The ALR shall update the MAR every time, within thirty (30) minutes of

1647 administration, the ALR administers medication to the resident and whether the administration

1648 occurred within thirty (30) minutes of the prescribed direction on the label.

1649 “(c)(3) When an ALR administers medication to the resident, the ALR shall

1650 administer the medication within thirty (30) minutes of the prescribed direction on the label.



1651                   “(d)(1) If the prescription directs “as needed” or “as directed” on the label, the  
1652   prescribing physician or health care provider shall be contacted for approval to administer the  
1653   medication. If the prescribing physician or health care provider issues revised prescribing  
1654   instructions, which may be faxed or sent electronically, the revised instructions shall be recorded  
1655   promptly on the resident’s record and MAR, and indicate the date and time the ALR requested or  
1656   received the revised prescribing instructions and the identity and signature of the ALR staff who  
1657   obtained the revised prescribing instructions. The ALR shall request the prescribing physician or  
1658   health care provider to direct the pharmacy to issue a revised label for the medication.

1659                   “(d)(2) When it is appropriate for a resident to request medication that has been  
1660   prescribed “as needed,” limitations on use shall be specified on the label.

1661                   “(e) When a revised instruction for the administration of medication is made, the  
1662   ALR shall provide a written medication order issued and signed by the resident’s prescribing  
1663   physician or health care provider. The ALR shall also place an “alert” label on the medication  
1664   container which directs staff to examine the revised instructions in the resident’s MAR.

1665                   “(f) When an ALR administers a resident’s medication, the ALR shall make every  
1666   reasonable effort to fill or refill the prescription to ensure the resident has their required  
1667   medication at all times. If a resident’s medication is expected to be delayed, the ALR shall  
1668   notify the resident or the resident’s representative immediately and document the delay in the  
1669   resident’s medical record and MAR and provide an explanation of the delay.

1670                   “(g) Sample or complimentary prescription medication shall be kept in their  
1671   original manufacturer’s packaging and include the prescribing physician’s name, the resident’s  
1672   name, and date of prescription. If sample or complimentary prescription medication is not  
1673   maintained in the original manufacturer’s packaging, the medication shall be kept in a container

that is clearly marked with the following information: resident's name, prescribing physician's name, date of prescription, name and strength of the medication, directions for use, and the expiration date. Before a resident can be administered a sample or complimentary medication, the resident's prescribing physician or health care provider shall provide the resident or resident representative with a written prescription which may be faxed or electronically sent.

(d) Section 109(7)(b) is amended by inserting the following after the period: "An ALR is prohibited from administering a stock supply of over-the-counter medications to multiple residents. A physician's or health care provider's prescription is needed when an ALR administers over-the-counter medication to residents. The over-the-counter medication shall have the resident's name, medication name and directions for use on the label."

#### Sec. 10. Facility Regulations.

§ 44-110 is amended as follows:

(1) Section 110(1) is amended by adding a new subsections (d) to read as follows:

"(d) The medical director of an ALR may not serve as the primary care or attending physician of a resident. Upon resident or resident representative request, the ALR may provide a comprehensive list of physicians. The list may not include any physician with whom the ALR has a business relationship."

(2) Section 110 (2) is amended to add a subsection (3), (4), (5) and (6) to read as follows:

"(3) All staff trained on fire, evacuation and emergency management plan.

"(4) Provide copies of the ALR's fire, evacuation and emergency management plan to residents. The ALR's fire, evacuation and emergency management plan shall provide detailed procedures on real-time communication to residents when emergency lights and bells

1697 are activated and deactivated. When a fire alarm sounds that is false alarm, the ALR shall  
1698 provide an “all clear” announcement along with an explanation in real time of the cause of the  
1699 alarm. Within six (6) hours of any emergency occurrence, residents and resident representatives  
1700 shall be notified in writing by the ALR in the event that any of the following has occurred in the  
1701 ALR: fire, biowaste, or contagious diseases outbreak.

1702 “(5) An ALR shall review and update the ALR’s fire, evacuation and emergency  
1703 management plan annually.

1704 “(6) An ALR shall file their fire, evacuation and emergency management plan  
1705 with DOH that includes information on wheel chair evacuation in multi-story buildings with no  
1706 functioning elevators, street access or fire escape access from floors above the ground level. The  
1707 ALR shall also maintain a staffing plan for a full evacuation of the ALR that provides detailed  
1708 staff to resident ratio and how that number would be sufficient for resident safety.

1709 “(7) An ALR shall maintain a public address system.

1710 (3) Section 110(4) is amended to add a new subsection (e) to read as follows:

1711 “(e) The ALR shall be required to install and maintain humidistats, and to establish  
1712 and maintain minimum humidity levels, and fully adjustable thermostats.”

1713 Sec. 11. Fiscal Impact Statement

1714 The Council adopts the fiscal impact statement in the committee report as the fiscal  
1715 impact statement required by section 4a of the General Legislative Procedures Act of 1975,  
1716 approved October 16, 2006 (120 Stat. 2038; D.C. Official Code § 1-301.47a).

1717 Sec. 12. Effective Date

1718 This act shall take effect following approval of the Mayor (or in the event of a veto by the  
1719 Mayor, action by the Council to override the veto), a 30-day period of congressional review as

1720 provided in section 602(c)(1) of the District of Columbia Home Rule Act, approved December  
1721 24, 1973 (87 Stat. 813; D.C. Official Code § 1-206.22(c)(1)), and publication in the District of  
1722 Columbia Register.