

MURIEL BOWSER

MAYOR

December 15, 2023

The Honorable Phil Mendelson Chairman Council of the District of Columbia John A. Wilson Building 1350 Pennsylvania Avenue, NW, Suite 504 Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 213 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.13), I am pleased to nominate the following individual:

Ms. Victoria Sherk Albermarle Street, NW Washington, DC 20008 (Ward 3)

for reappointment as a person with at least five years of experience in the field of addiction counseling member of the Board of Professional Counseling, for a term to end July 1, 2026.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincarely,

Murlel Bowser

Chairman Phil Mendelson at the request of the Mayor A PROPOSED RESOLUTION IN THE COUNCIL OF THE DISTRICT OF COLUMBIA To confirm the reappointment of Victoria Sherk to the Board of Professional Counseling. RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, that this resolution may be cited as the "Board of Professional Counseling Victoria Sherk Confirmation Resolution of 2023". Sec. 2. The Council of the District of Columbia confirms the reappointment of: Ms. Victoria Sherk Albermarle Street, NW Washington, DC 20008 (Ward 3) as a person with at least five years of experience in the field of addiction counseling member of the Board of Professional Counseling, established by section 213 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.13), for a term to end July 1, 2026. Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor. Sec. 4. This resolution shall take effect immediately.

VICTORIA SHERK, LPC

SPECIAL SKILLS

- Expertise working with- under-served severely mentally ill population
- Training and experience providing trauma informed care

PROFESSIONAL EXPERIENCE

MBI BEHAVIORAL HEALTH, Washington, D.C. March 2017 - March 2022

Senior Clinician - Conduct diagnostic assessments to prospective clients at community mental health agency and refer to appropriate services and treatment teams. Conduct annual psychosocial assessments to current clients to confirm level of care and provide treatment recommendations. Provide individual therapy to clients utilizing psychodynamic, cognitive behavioral, and mindfulness approaches. Manage internal therapy referral process. Provide individual clinical supervision for LGPC's working towards licensure.

GREEN DOOR BEHAVIORAL HEALTH, Washington, D.C. November 2012 - February 2017

Intake Specialist / Therapist – Conduct diagnostic assessments to prospective clients at community mental health agency and refer to appropriate services and treatment teams. Conduct annual psychosocial assessments to current clients to confirm level of care and provide treatment recommendations. Provide individual therapy to clients utilizing psychodynamic, cognitive behavioral, and mindfulness approaches. Supervise clinical case presentation group for LGPC's seeking licensure. Provide individual clinical supervision for LGPC's working towards licensure.

COMMUNITY CONNECTIONS INC., Washington, D.C. November, 2004 - June 2012

Intake Specialist / Therapist – October 2006 – Present – Conducted diagnostic assessments to prospective consumers at community mental health agency. Worked with new consumers to create individual treatment plan. Reviewed insurance status, and provided referrals as necessary to obtain coverage. Coordinated consumer's intake, including referring to appropriate services within the agency, such as case management and psychiatry. Provided Interpersonal Therapy to African American female consumers who are HIV positive through the grant funded ISIS Project. Lead substance abuse treatment group using Motivational Interviewing intervention. Provided presentations to community organizations regarding mental health and HIV.

Clinical Case Manager - November, 2004 – September 2006 – Provided comprehensive, clinical case management to marginalized, mentally ill adults from the public health system to assist them toward stable, integrated living in the community. Position included individual counseling, psychiatric assessment, collaboration with psychiatric and medical personnel, coordination of services, education for consumers and their support system, and crisis management. Much of this support occurred in the individual's natural community. Areas of concentration included trauma, substance abuse, homelessness and HIV. Lead weekly support groups with residents in community residential facilities. Conducted case presentations and participated in regular clinical consultation.

CREATIVE LIVING CENTER, Berkeley, CA August 2003 - August 2004

Counseling Intern - Provided weekly individual therapy for clients in a county-funded socialization program for adults with significant mental illness. Created and maintained Medi-Cal charts for eligible clients, including creating and implementing treatment plans. Co-lead numerous groups, including Wellness, Self-Esteem, LGBTQ, and Women's groups. Served as primary counselor in art therapy room. Attended trainings on medications, psychosis,

and other issues pertinent to the severely mentally ill. Attended individual clinical supervision one hour weekly and group supervision for two hours weekly with licensed MFT's.

CREATIVE ARTS CHARTER SCHOOL, San Francisco, CA September 2003 - June 2004

Counselor - Provided weekly individual therapy to students in K-8 arts-based school. Organized weekly advisory class for 8th graders addressing academic and social issues. Created curriculum for and co-facilitated support group for 8th grade girls. Wrote curriculum for 8th grade group for boys. Facilitated a range of support mechanisms for caregivers, including speaker series, caregiver support groups (by grade level) and individual counseling on challenges encountered in the home environment. Consulted with teachers about student behavior in the classroom. Provided referrals to families for community mental health services and community resources.

SAN FRANCISCO UNIFIED SCHOOL DISTRICT, San Francisco, CA September 2002 - June 2003

Counseling Intern - Provided weekly individual therapy to students through the Wellness Center at Thurgood Marshall Academic High School. Provided walk-in crisis counseling to students. Ran weekly support group for freshman girls.

RICHMOND AREA MENTAL HEALTH SERVICES, INC., San Francisco, CA October 2001 - June 2002

Counseling Intern - Provided weekly individual play therapy to students at Rosa Parks Elementary School and Benjamin Franklin Middle School. Provided crisis counseling in the middle school's main counseling office. Attended weekly trainings in clinical theory and presented child cases. Received additional trainings from community health organizations.

ADDITIONAL EXPERIENCE

SAN FRANCISCO SCHOOL VOLUNTEERS, San Francisco, CA November 2000 - June 2001

Teacher Assistant - Volunteered in public middle and high schools. Tutored individual children in math, English and science. Assisted in community activism class. Supervised students on field trips to local communities. Supervised peer resources class.

FLORENCE CRITTENTON SERVICES, San Francisco, CA October 2000 - December 2000

Volunteer Arts and Crafts Coordinator – Organized arts and crafts activities for girls in residential program for pregnant teens and young mothers.

PROJECT READ, San Francisco, CA April 1998 - August 2000

Volunteer Tutor - Taught basic reading and writing skills to adult learners at San Francisco Public Library adult literacy program.

BAY AREA COUNCIL, San Francisco, CA October 1997 - October 2000

Office Manager - January 2000 - October 2000 - Managed support activities in employer sponsored regional non-profit public policy organization. Supported office computers and network. Created RFP and conducted search for office technical support and network installation firm. Recommended and hired firm. Managed and oversaw production and distribution of publications, including arranging for outside contractors and managing personnel resources. Co-Chaired staff committee to evaluate database and create new design through hiring and working with consultant. Oversaw production of all office stationery and event materials. Managed contract administration. Managed billing and reservations for two annual events with 1,000+ attendance.

Administrative Assistant - October 1997 – December 1999 - Assisted Vice President for Operations with daily office management. Organized and maintained membership database. Provided office information technology support. Assisted VP, Sustainable Development with task management, and created database of multi-group organization. Managed payment and reservation system for major annual events. Managed materials for these events. Provided proofreading and editing support for all vice presidents.

EDUCATION

San Francisco State University, Masters of Counseling, Marriage & Family Therapy, School Counseling, 2003

Sarah Lawrence College, Bachelor of Arts, 1996. Concentrations: Literature, History

Wadham College, Oxford University, Junior Year Abroad, 1994-95

LICENSURE, HONORS and AFFILIATIONS

Licensed Professional Counselor, Washington, D.C., License: PRC13870
Board Member, DC Board of Professional Counselors, 2017 - Present
National Certified Counselor, National Board for Certified Counselors, Inc., Certificate: 87631
Pupil Personnel Services Credential, San Francisco State University
Chi Sigma Iota, Counseling Honor Society, Member 2003-2004, 2004-2005
American Counseling Association, Member



Executive Office of the Mayor – Mayor's Office of Talent and Appointments John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Victoria Sherk



Ms. Victoria Sherk is a Licensed Professional Counselor and Intake Specialist with Green Door Behavioral Health, and a current member of the Board of Professional Counseling.

While living in California, Ms. Sherk began her career with an internship at a neighborhood community mental health agency and a mental health focused clubhouse program working with individuals with severe and persistent mental illness. Upon moving to Washington, D.C., she began working as a case manager at Community Connections, a core service agency for behavioral health services. After receiving her license, Ms. Sherk took a new position at her agency providing Interpersonal Psychotherapy through a

SAHMSA grant for African American women who are HIV positive. Ms. Sherk also began completing diagnostic assessments and providing treatment planning for the agency's clients, in addition to providing individual clinical supervision towards licensure to several staff members. She moved to Green Door Behavioral Health in 2012 where she continued providing therapy, completing diagnostic assessments, and serving as a clinical supervisor.

A Ward 3 resident, Ms. Sherk earned her Bachelor of Arts in Literature and History from Sarah Lawrence College, and her Master of Counseling, Marriage and Family Therapy from San Francisco State University.



GOVERNMENT OF THE DISTRICT OF COLUMBIA Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To:

Tommy Wells, Steve Walker

From:

Betsy Cavendish

Date:

October 27, 2023

Elijabet A. avendish

Subject:

Legal sufficiency review of Resolutions nominating Giovanna Di Lauro, Rhonda

Pope Brown, and Victoria Sherk as members of the Board of Professional

Counseling

This is to Certify that this office has reviewed the above-referenced resolutions and found them to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Erika Satterlee, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

Elizabeth A. (Betsy) Cavendish