SLS 24RS-1890 **ORIGINAL**

2024 Regular Session

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SENATE RESOLUTION NO. 59

BY SENATORS CARTER AND DUPLESSIS

COMMENDATIONS. Commends BlackGirlsRun on their 15th anniversary and celebrates their efforts promoting a healthy lifestyle for African American women.

A RESOLUTION

2	To commend BlackGirlsRun (BGR!), a national running organization, on their fifteenth
3	anniversary and to celebrate their efforts promoting a healthy lifestyle for African
4	American women.
5	WHEREAS, according to the U.S. Department of Health and Human Services Office
6	of Minority Health; African American women have the highest rates of being overweight
7	or obese compared to other groups in the United States, and four out of five African
8	American women are overweight or obese; and
9	WHEREAS, in Louisiana, African American women face wage earning
10	discrepancies, higher rates of poverty, increased infant and maternal mortality, increased
11	contact with the criminal justice system, and an overall lower quality of life; and
12	WHEREAS, BGR! wants to lower those statistics by creating a movement to lower
13	the number of women with chronic diseases associated with an unhealthy diet and sedentary
14	lifestyle which may contribute to higher infant and maternal mortality, less education, less
15	wage earning, higher rates of poverty, and a lower quality of life for African American
16	women; and
17	WHEREAS, a lot of excuses can be used to explain the negative statistics; however,
18	BGR! believes the excuses will never solve the epidemic, so in 2009 BGR! was created in

SLS 24RS-1890 ORIGINAL SR NO. 59

an effort to tackle the growing obesity epidemic in the African American women community 1 2 and provide encouragement and resources to both new and veteran runners; and 3 WHEREAS, BGR!'s mission is to encourage African American women to make 4 fitness and healthy living a priority; and WHEREAS, since African American women represent seventeen percent of 5 6 Louisiana's population with over five thousand women from the BGR!'s Baton Rouge 7 Chapter and the New Orleans Chapter competing in 5Ks, 10Ks, half marathons, full 8 marathons, ultra marathons, triathlons, and other rigorous running events; and 9 WHEREAS, the state of Louisiana is proud and does record for posterity BGR!'s 10 accomplishments and extend best wishes for continued success as they continuously improve 11 the physical and mental health of Louisiana's African American women by serving as 12 examples of healthy ambassadors. THEREFORE, BE IT RESOLVED that the Senate of the Legislature of Louisiana 13 14 does hereby commend BlackGirlsRun on their fifteenth anniversary and celebrates their 15 mission of creating healthy lifestyles for African American women. BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to Dr. 16 Lovett. 17

The original instrument and the following digest, which constitutes no part of the legislative instrument, were prepared by Ann S. Brown.

SR 59 Original DIGEST 2024 Regular Session

Carter

Commends BlackGirlsRun on their 15th anniversary and celebrates their mission of creating healthy lifestyles for African American women.