## **SENATE BILL 14**

By: Senator Reilly Senators Reilly, Benson, Jennings, and Simonaire

Requested: September 5, 2013

Introduced and read first time: January 8, 2014

Assigned to: Education, Health, and Environmental Affairs

Committee Report: Favorable with amendments

Senate action: Adopted

Read second time: March 23, 2014

CHAPTER \_\_\_\_\_

1 AN ACT concerning

- 2 Task Force to Department of Health and Mental Hygiene Study of Starting
  3 Times for Maryland Public Schools Safe and Healthy School Hours for
  4 Maryland Public Schools
- 5 FOR the purpose of establishing the Task Force to Study Starting Times for Maryland 6 Public Schools; providing for the composition, chair, and staffing of the Task 7 Force; prohibiting Task Force members from receiving compensation, but authorizing reimbursement for certain expenses under the Standard State 8 Travel Regulations: requiring the Task Force to study and make 9 10 recommendations relating to a later starting time for Maryland public schools; requiring the Task Force to submit a certain report to the Governor and the 11 General Assembly on or before a certain date; providing for the termination of 12 this Act; and generally relating to the Task Force to Study Starting Times for 13 Maryland Public Schools. 14
- FOR the purpose of requiring the Office of Public Health Services in the Department
  of Health and Mental Hygiene to conduct a certain study of safe and healthy
  school hours for Maryland public schools, consult with certain persons, make
  recommendations relating to alternative school day starting times for Maryland
  public schools, and submit a certain report to the Governor and the General
  Assembly on or before a certain date; and generally relating to a study of safe
  and healthy school hours for public schools in Maryland.
- 22 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF 23 MARYLAND, That:

## EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

<u>Underlining</u> indicates amendments to bill.

Strike out indicates matter stricken from the bill by amendment or deleted from the law by amendment.

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1 2	(a) The Schools.	e <del>re is a</del>	Task Force to Study Starting Times for Maryland Public
3	(b) The	<del>- Task Fe</del>	erce consists of the following members:
4 5	(1) President of the		members of the Senate of Maryland, appointed by the
6 7	<del>(2)</del> of the House;	<del>two m</del>	nembers of the House of Delegates, appointed by the Speaker
8	<del>(3)</del>	the fo	llowing members, appointed by the Governor:
9		<del>(i)</del>	one representative of the State Board of Education;
10		<del>(ii)</del>	one representative of the Maryland boards of education;
11 12	Association;	<del>(iii)</del>	one representative of the Maryland State Education
13 14	Secondary School	, ,	one representative of the Maryland Association for als;
15 16	Hygiene who ha	<del>(v)</del> s expertis	one representative of the Department of Health and Mental se in adolescent health issues;
17 18	adult and adoles	<del>(vi)</del> seent heal	<del>one mental health professional who specializes in young</del> l <del>th issues;</del>
19		<del>(vii)</del>	one pediatrician who has expertise in adolescent health care;
20		<del>(viii)</del>	one doctor who specializes in sleep disorders;
21 22	Transportation;	<del>(ix)</del>	one representative from the Maryland Department of
23 24	or high school;	<del>(x)</del>	one parent of a student enrolled in a Maryland public middle
25		<del>(xi)</del>	one student enrolled in a Maryland public high school; and
26 27 28	employed by a after-school spo		one representative who is an athletic director or a coach nd public middle or high school who has expertise in ties.

The Governor shall designate the chair of the Task Force.

1	<del>(d)</del>	The State D	epartment of Education shall provide staff for the Task Force.			
2	<del>(e)</del>	A member o	f the Task Force:			
3		<del>(1)</del> may 1	not receive compensation as a member of the Task Force; but			
4 5	State Trave		titled to reimbursement for expenses under the Standard, as provided in the State budget.			
6	<del>(f)</del>	The Task Fo	orce shall:			
7 8 9	(a) Mental Hyg public schoo	ntal Hygiene shall conduct a study of safe and healthy school hours for Maryland				
10 11	(b) <u>In conducting the study required under subsection (a) of this section, the Office of Public Health Services shall:</u>					
12 13	(1) review the science on the sleep needs of adolescents, including effects of sleep deprivation on academic performance and benefits of sufficient sleep;					
14 15 16	(2) review and study how other school systems have implemented later school day starting times and how various activities in those school systems were impacted and scheduled around the changes; <del>and</del>					
17		(3) consu	lt with the following persons:			
18		<u>(i)</u>	the State Board of Education;			
19		<u>(ii)</u>	the Maryland Association of Boards of Education;			
20		<u>(iii)</u>	the Public School Superintendents Association of Maryland;			
21		<u>(iv)</u>	the Maryland State Education Association;			
22		<u>(v)</u>	the Maryland Association of School Principals;			
23		<u>(vi)</u>	the State Department of Education;			
24 25	and adolesce	(vii) ent health iss	a mental health professional who specializes in young adult sues;			
26		(viii)	the School Psychologists Association;			
27		<u>(ix)</u>	a pediatrician who has expertise in adolescent health care;			

1 2	Pediatrics;	<u>(x)</u>	the Maryland Chapter of the American Academy of		
3 4	disorders;	<u>(xi)</u>	a doctor who specializes in child and adolescent sleep		
5		<u>(xii)</u>	the Maryland Sleep Society;		
6		(xiii)	the Maryland Department of Transportation;		
7		(xiv)	Start School Later;		
8		<u>(xv)</u>	the Maryland PTA;		
9		(xvi)	a student enrolled in a Maryland public high school;		
10 11	public middle or h		an athletic director or a coach employed by a Maryland ool who has expertise in after–school sports activities; and		
12 13	Association; and	(xviii	one representative of the Maryland School Psychologist		
14 15	(3) (4) make recommendations regarding whether public schools in the State should implement a starting time of no earlier than 8:00 a.m.				
16 17 18	(g) (c) On or before December 31, 2014, the Task Force the Office of Public Health Services shall report its findings and recommendations to the Governor and, in accordance with § 2–1246 of the State Government Article, the General Assembly.				
19 20 21 22	SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effort July 1, 2014. It shall remain effective for a period of 6 months and, at the end December 31, 2014, with no further action required by the General Assembly, this shall be abrogated and of no further force and effect.				
	Approved:				
			Governor.		
			President of the Senate.		

Speaker of the House of Delegates.