# HOUSE OF REPRESENTATIVES - FLOOR VERSION 

STATE OF OKLAHOMA<br>2nd Session of the 59th Legislature (2024)

COMMITTEE SUBSTITUTE
FOR
HOUSE BILL NO. 1081
By: Rosecrants and Pae of the House
and

Garvin of the Senate

## COMMITTEE SUBSTITUTE

An Act relating to schools; creating the Right to Recess Act; amending 70 O.S. 2021, Section 11-103.9, which relates to physical education programs; requiring schools to provide a daily recess for certain students; authorizing board of education to establish timing and duration of recess; recommending a minimum recess duration; providing for scope of recess activities; excepting certain club or group meetings; prohibiting withholding of recess for discipline or punitive reasons; providing an exception for safety reasons; mandating recess to occur outside the school building except in certain conditions; requiring recess for certain students to comply with certain laws; providing exemption for certain students; providing for noncodification; providing an effective date; and declaring an emergency.

BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

SECTION 1. NEW LAW A new section of law not to be codified in the Oklahoma Statutes reads as follows:

This act shall be known and may be cited as the "Right to Recess Act".

SECTION 2. AMENDATORY 70 O.S. 2021, Section 11-103.9, is amended to read as follows:

Section 11-103.9 A. Except as otherwise provided for in this section, the State Board of Education shall require, as a condition of accreditation, that school districts provide to all students physical education programs which may include athletics.
B. The Board shall require, as a condition of accreditation, that public elementary schools provide instruction, for students in full-day kindergarten and grades one through five, in physical education or exercise programs for a minimum of an average of sixty (60) minutes each week. The time students participate in recess shall not be counted toward the sixty-minutes-per-week physical education requirement. Schools may exclude from participation in the physical education or exercise programs required in this subsection those students who have been placed into an in-house suspension or detention class or placement or those students who are under an in-school restriction or are subject to an administrative disciplinary action.
C. The Board shall require, as a condition of accreditation, that public elementary schools provide to students in full-day
kindergarten and grades one through five, in addition to the requirements set forth in subsection $B$ of this section, an average of sixty (60) minutes each week of physical activity, which may include, but not be limited to, physical education, exercise programs, fitness breaks, recess, and classroom activities, and wellness and nutrition education. Each school district board of education shall determine the specific activities and means of compliance with the provisions of this subsection, giving consideration to the recommendations of each school's Healthy and Fit School Advisory Committee as submitted to the school principal pursuant to the provisions of Section 24-100a of this title.
D. The Board shall disseminate information to each school district on the benefits of physical education programs and shall strongly encourage districts to provide physical education instruction to students in grades six through twelve.
E. The Board shall also strongly encourage require school districts to incorporate physical activity into the school day by providing a daily recess to students in full-day prekindergarten, kindergarten, and grades one through five at least a twenty-minute daily recess, which. Each school district board of education shall be permitted to establish the timing and duration of the daily recess; provided, that a thirty-minute daily recess is strongly recommended.

1. The daily recess shall be in addition to the weekly sixty (60) minutes of physical education as required by subsection $B$ of this section, and by allowing. Recess shall be supervised, unstructured, and child-directed to the greatest extent practicable. Nothing in this subsection shall prevent a school-sponsored club or group from meeting during recess time.
2. A public school teacher shall make a good-faith effort to not withhold recess from a student as a disciplinary or punitive action, except when a student's participation in recess poses an immediate threat to the safety of the student or others. School officials shall make all reasonable efforts to resolve such threats and minimize the use of exclusion from recess to the greatest extent practicable.
3. Recess shall occur outside the school building unless weather or other conditions require it to occur inside. Schools shall also provide all students brief physical activity breaks throughout the day, physical activity clubs, and special events.
4. For students with disabilities, recess shall comply with the individualized education programs (IEPS) or federal Section 504 plans of the students.
5. Virtual charter schools and students enrolled in blended instruction programs shall be exempt from the requirements of this subsection.
E. F. Instruction in physical education required in this section shall be aligned with the subject matter standards as adopted by the Board.
F. G. The physical education curriculum shall be sequential, developmentally appropriate, and designed, implemented, and evaluated to enable students to develop the motor and selfmanagement skills and knowledge necessary to participate in physical activity throughout life. Each school district shall establish specific objectives and goals the district intends to accomplish through the physical education curriculum.
G. H. In identifying the essential knowledge and skills, the State Board of Education shall ensure that the subject matter standards for physical education:
6. Emphasize the knowledge and skills capable of being used during a lifetime of regular physical activity;
7. Are consistent with national physical education standards for:
a. the information that students should learn about physical activity, and
b. the physical activities that students should be able to perform;
8. Require that, on a weekly basis, at least fifty percent (50\%) of the physical education class be used for actual student
physical activity and that the activity be, to the extent practicable, at a moderate or vigorous level;
9. Offer students an opportunity to choose among many types of physical activity in which to participate;
10. Offer students both cooperative and competitive games;
11. Meet the needs of students of all physical ability levels, including students who have a disability, chronic health problem, or other special need that precludes the student from participating in regular physical education instruction but who might be able to participate in physical education that is suitably adapted and, if applicable, included in the student's individualized education program;
12. Teach self-management and movement skills;
13. Teach cooperation, fair play, and responsible participation in physical activity;
14. Promote student participation in physical activity outside of school; and
15. Allow physical education classes to be an enjoyable experience for students.
H. I. The Board shall adopt rules to implement the provisions of this section.

SECTION 3. This act shall become effective July 1, 2024.
SECTION 4. It being immediately necessary for the preservation of the public peace, health or safety, an emergency is hereby


