## Resolution

By: Munson

ENROLLED HOUSE RESOLUTION NO. 1003

A Resolution designating February 4, 2021, as Wear

Red Day at the Oklahoma Capitol.

WHEREAS, cardiovascular disease is the number one killer of women in the United States; and

WHEREAS, cardiovascular disease kills one woman almost every eighty (80) seconds in the United States; and

WHEREAS, heart disease and stroke can affect all women at any age; and

WHEREAS, heart attacks are on the rise in younger generations of women, who are less likely to be aware of the warning signs of heart attacks and strokes; and

WHEREAS, cardiovascular disease kills one in three women but nearly eighty percent (80%) of cardiac events are preventable through education and lifestyle changes; and

WHEREAS, all women are encouraged to move more, to eat smart, and to manage their blood pressure to reduce the risk of cardiovascular disease; and

WHEREAS, the American Heart Association's Go Red for Women movement motivates women to learn their family history and to meet with a health care provider to determine their risk for cardiovascular disease and stroke; and

WHEREAS, as the trusted, passionate, and relevant force for change to eradicate heart disease and stroke in women, the American

Heart Association's Go Red for Women movement remains steadfast and committed to meeting the comprehensive health needs of women at every life stage; and

WHEREAS, by increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular disease we can save thousands of lives each year.

NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE 1ST SESSION OF THE 58TH OKLAHOMA LEGISLATURE:

THAT February 4, 2021, is designated "Wear Red Day" at the Oklahoma Capitol.

Adopted by the House of Representatives the 4th day of February, 2021.

Presiding Officer of the House of Representatives

## OFFICE OF THE SECRETARY OF STATE

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