

Resolution

ENROLLED HOUSE
RESOLUTION NO. 1004

By: Munson

A Resolution proclaiming February to be National Heart Month in Oklahoma; proclaiming February 19, 2019, to be Wear Red Day in Oklahoma; urging all citizens to show support by commemorating February 19, 2019, by wearing the color red.

WHEREAS, cardiovascular diseases are the number one killer of women in the United States; and

WHEREAS, cardiovascular diseases kill one woman almost every 80 seconds in the United States; and

WHEREAS, about eighty percent of cardiovascular diseases may be prevented; and

WHEREAS, some risk factors for heart disease such as blood pressure, smoking and cholesterol can be controlled; and

WHEREAS, the American Heart Association's Go Red For Women movement motivates women to learn their family history and to meet with a health care provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, Go Red For Women encourages women to take control of their heart health by knowing five numbers that can be life changing:

1. Total Cholesterol;
2. HDL (good) Cholesterol;
3. Blood Pressure;
4. Blood Sugar; and

5. Body Mass Index (BMI).

NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE 1ST SESSION OF THE 57TH OKLAHOMA LEGISLATURE:

THAT February 2019 is hereby proclaimed to be National Heart Month in Oklahoma.

THAT February 19, 2019, is hereby proclaimed to be "Wear Red Day" in Oklahoma in recognition of the importance of the ongoing fight against heart disease and stroke.

THAT all citizens of this state are urged to show their support for women and the fight against heart disease by commemorating February 19, 2019, by wearing the color red. By increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, thousands of lives can be saved each year.

Adopted by the House of Representatives the 19th day of February, 2019.

Presiding Officer of the House of
Representatives

OFFICE OF THE SECRETARY OF STATE

Received by the Office of the Secretary of State this _____
day of _____, 20 _____, at _____ o'clock _____ M.

By: _____