
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 1042 Session of
2018

INTRODUCED BY MARSHALL, READSHAW, BIZZARRO, BOBACK, BRADFORD,
R. BROWN, CONKLIN, SCHLEGEL CULVER, DALEY, DIGIROLAMO, DUSH,
HARKINS, HENNESSEY, LONGIETTI, MILLARD, NEILSON, PICKETT,
M. QUINN, RAPP, ROEBUCK, RYAN, SANTORA, SCHWEYER, SONNEY,
TOEPEL, WARD, WATSON AND ZIMMERMAN, SEPTEMBER 7, 2018

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,
SEPTEMBER 7, 2018

A RESOLUTION

1 Designating the month of October 2018 as "Chiropractic Health
2 and Wellness Month" in Pennsylvania.

3 WHEREAS, Pennsylvania licensed chiropractors are providers
4 who focus on the whole person in an approach of conservative
5 care first with regards to pain management and health care and
6 who have particular expertise in the prevention, care and
7 rehabilitation of musculoskeletal injuries and conditions; and

8 WHEREAS, Chiropractors recognize through research and
9 clinical experience that a sedentary lifestyle can diminish
10 joint health, wellness and longevity; and

11 WHEREAS, It is widely proven that physical activity helps
12 reduce the risk of cardiovascular disease, type 2 diabetes and
13 even some cancers, as well as strengthens bones and muscles and
14 helps to reduce the incidence of lower back pain; and

15 WHEREAS, Lower back pain is one of the most common
16 musculoskeletal conditions and is the single leading cause of

1 disability worldwide; and

2 WHEREAS, The number of years lived with a disability caused
3 by lower back pain has increased worldwide by 54% between 1990
4 and 2015, primarily because of the increase and aging of the
5 population; and

6 WHEREAS, Chiropractic care is widely recognized as one of the
7 safest nondrug, noninvasive therapies available for the
8 effective nonopioid treatment of lower back pain and other
9 musculoskeletal complaints; and

10 WHEREAS, The American College of Physicians' lower back pain
11 treatment guidelines, released in 2017, promote the use of
12 noninvasive, nondrug treatments, including spinal manipulation
13 as a first line of defense against back pain and pharmacologic
14 approaches from pain treatment before drugs and surgery; and

15 WHEREAS, Chiropractic Health and Wellness Month serves as a
16 reminder to all residents of Pennsylvania that noninvasive,
17 nondrug treatments for lower back pain, including chiropractic
18 services or spinal manipulation combined with an active, healthy
19 lifestyle may lessen or eliminate the need for riskier,
20 potentially addictive treatments, including prescription opioid
21 pain medications, and help keep people healthier and active into
22 their senior years; therefore be it

23 RESOLVED, That the House of Representatives designate the
24 month of October 2018 as "Chiropractic Health and Wellness
25 Month" in Pennsylvania.