THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 699

Session of 2020

INTRODUCED BY HAHN, POLINCHOCK, RYAN, KORTZ, HELM, BOBACK, BIZZARRO, SONNEY, MILLARD, LONGIETTI, HANBIDGE, HOHENSTEIN, SCHLOSSBERG, MACKENZIE, ISAACSON, HILL-EVANS, KIM, FEE, OBERLANDER, McNEILL, KINSEY, THOMAS, FREEMAN, BURNS, PYLE, YOUNGBLOOD, DeLUCA, SAYLOR, PICKETT, COX, CIRESI, READSHAW, BROWN, SCHLEGEL CULVER, PASHINSKI, ROEBUCK, NEILSON, CONKLIN AND EVERETT, JANUARY 30, 2020

REFERRED TO COMMITTEE ON HUMAN SERVICES, JANUARY 30, 2020

A RESOLUTION

- 1 Recognizing February 7, 2020, as "National Wear Red Day" in Pennsylvania.
- 3 WHEREAS, Cardiovascular diseases are the number one killer of
- 4 women in the United States; and
- 5 WHEREAS, Cardiovascular diseases kill one woman almost every
- 6 80 seconds in the United States; and
- 7 WHEREAS, Approximately 80% of cardiovascular diseases can be
- 8 prevented; and
- 9 WHEREAS, Risk factors for heart disease such as blood
- 10 pressure, smoking and cholesterol can be controlled; and
- 11 WHEREAS, Women are encouraged to commit to making physical
- 12 activity and healthy eating a priority to improve heart health;
- 13 and
- 14 WHEREAS, The American Heart Association's Go Red for Women®
- 15 movement motivates women to learn their family history and to

- 1 meet with a health care provider to determine their risk for
- 2 cardiovascular diseases and stroke; and
- 3 WHEREAS, Go Red for Women® encourages women to take charge of
- 4 their heart health by knowing their total cholesterol, HDL
- 5 cholesterol, blood pressure, blood sugar and body mass index;
- 6 therefore be it
- RESOLVED, That the House of Representatives recognize
- 8 February 7, 2020, as "National Wear Red Day" in Pennsylvania;
- 9 and be it further
- 10 RESOLVED, That the House of Representatives urge all
- 11 residents of this Commonwealth to show their support for women
- 12 and the fight against heart disease by commemorating this day by
- 13 wearing the color red and to empower women to reduce their risk
- 14 for cardiovascular diseases to save thousands of lives each
- 15 year.