THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 779

Session of 2020

INTRODUCED BY BULLOCK, CEPHAS, KIM, SAPPEY, DONATUCCI, KINSEY, MURT, FREEMAN, LONGIETTI, WHEATLEY, KORTZ, YOUNGBLOOD, THOMAS, WILLIAMS, CONKLIN, SANCHEZ, HILL-EVANS, McCLINTON, GAINEY, DeLUCA, KIRKLAND AND ROEBUCK, FEBRUARY 28, 2020

REFERRED TO COMMITTEE ON HUMAN SERVICES, FEBRUARY 28, 2020

A RESOLUTION

- Designating the month of May 2020 as "Mental Health Awareness in the Black Community Month" in Pennsylvania.
- 3 WHEREAS, Persistent racial inequality and race-based
- 4 exclusion in the United States has translated into continuing
- 5 mental health disparities among African Americans and a
- 6 continuing mental health care gap; and
- 7 WHEREAS, African Americans are 20% more likely to suffer
- 8 serious psychological distress and are also more likely to have
- 9 feelings of sadness, helplessness and worthlessness than other
- 10 racial groups; and
- 11 WHEREAS, Twenty-five percent of African Americans seek and
- 12 access mental health services as compared to 40% of individuals
- 13 representing other racial groups; and
- 14 WHEREAS, Although African-American teenagers are less likely
- 15 than other racial groups to die from suicide, they are more
- 16 likely to attempt suicide; and
- 17 WHEREAS, The American Psychological Association has reported

- 1 that young adult African Americans who have acquired higher
- 2 levels of education are less likely than other young adults to
- 3 seek mental health services; and
- 4 WHEREAS, Compared with other racial groups, African Americans
- 5 are more likely to use emergency rooms or primary care rather
- 6 than mental health specialists for care and treatment; and
- 7 WHEREAS, One out of every three African Americans who need
- 8 mental health care receives it; and
- 9 WHEREAS, Marriage and family therapists Jaynay Johnson and
- 10 Farida Saleem-Boyer established the Black Brain Campaign to
- 11 strengthen families within the African-American community; and
- 12 WHEREAS, The inaugural Black Brain Campaign in 2016 spurred
- 13 Philadelphia-area clinicians to explore mental health reforms
- 14 for African Americans; and
- 15 WHEREAS, The structure provided by a cohesive family and
- 16 extended family is essential in confronting racial disparities,
- 17 transcending cultural and bureaucratic barriers and reducing
- 18 stigmas and discrimination; and
- 19 WHEREAS, School-based counselors and community-based
- 20 counselors are also essential in coordinating available mental
- 21 health resources and addressing the silence and the fears that
- 22 can perpetuate cycles of trauma; and
- 23 WHEREAS, Other mental health professionals, health care
- 24 providers and social service providers are vital in confronting
- 25 provider bias where it exists; and
- 26 WHEREAS, Health policy experts and advocates are also
- 27 important to close the racial gaps in mental health status and
- 28 mental health care; therefore be it
- 29 RESOLVED, That the House of Representatives designate the
- 30 month of May 2020 as "Mental Health Awareness in the Black

- 1 Community Month" in Pennsylvania; and be it further
- 2 RESOLVED, That the House of Representatives recognize an
- 3 imperative for health care policy reforms, interventions and
- 4 initiatives to eliminate mental health disparities based on
- 5 race, ethnicity, education, income or geography.