THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION No. 298 Session of 2022

INTRODUCED BY COLLETT, PHILLIPS-HILL, SANTARSIERO, MARTIN, MENSCH, BARTOLOTTA, FONTANA, KANE, CAPPELLETTI, STREET, KEARNEY, COSTA, STEFANO AND COMITTA, MAY 23, 2022

REFERRED TO RULES AND EXECUTIVE NOMINATIONS, MAY 23, 2022

A RESOLUTION

1 2	Designating the month of May 2022 as "Osteoporosis Awareness and Prevention Month" in Pennsylvania.
3	WHEREAS, An estimated 54 million Americans have osteoporosis
4	or low bone mass; and
5	WHEREAS, Studies suggest that approximately one in two women
6	and up to one in four men who are 50 years of age or older will
7	break a bone due to osteoporosis; and
8	WHEREAS, Approximately 1.8 million Medicare beneficiaries
9	suffer nearly 2.1 million osteoporotic fractures per year, and
10	these fractures are responsible for more hospitalizations than
11	heart attacks, strokes or breast cancer; and
12	WHEREAS, The total annual cost for osteoporotic fractures
13	among Medicare beneficiaries was \$57 billion in 2018 and is
14	expected to grow, as the population ages, to more than \$95
15	billion in 2040; and
16	WHEREAS, In Pennsylvania, 82,000 Medicare beneficiaries

17 suffered more than 97,000 osteoporotic fractures in 2016; and

1 WHEREAS, An estimated 10,200 Pennsylvanians on Medicare 2 suffered not only an initial fracture, but also a subsequent 3 fracture resulting in estimated costs of more than \$228.4 4 million; and

5 WHEREAS, Building strong bones begins in childhood, and the 6 peak of bone mass occurs by early adulthood; and 7 WHEREAS, Osteoporosis and the broken bones it can cause are 8 not part of normal aging, and care for the prevention of osteoporosis is important throughout our lifetime; and 9 10 WHEREAS, Optimum bone health and prevention of osteoporosis can be maximized by a balanced diet rich in calcium and vitamin 11 D, weight-bearing and muscle-strengthening exercise and a 12 13 healthy lifestyle with no smoking or excessive alcohol intake; 14 and

WHEREAS, Osteoporosis is often called a silent disease because weakening bones may not be obvious, and breaking a bone is often the first sign of osteoporosis; and

18 WHEREAS, Timely bone health screening, diagnosis and 19 treatment can help prevent fractures leading to hospitalization 20 and nursing home stays; and

21 WHEREAS, Cost-effective post-fracture care and improved care 22 coordination has been demonstrated to reduce the number of 23 subsequent or recurrent fractures, yet these programs are not 24 widely available or properly incentivized by Medicare; and 25 WHEREAS, It is crucial that awareness of bone health and

26 osteoporosis is increased among the public, health professionals 27 and policymakers; therefore be it

RESOLVED, That the Senate designate the month of May 2022 as "Osteoporosis Awareness and Prevention Month" in Pennsylvania; and be it further

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1 RESOLVED, That the Senate encourage the observation of the 2 ideals, goals and activities of beneficial health programs which 3 promote good bone health throughout an individual's lifetime and 4 the prevention of osteoporosis.