

SENATE JOINT RESOLUTION 781

By Gilmore

A RESOLUTION to recognize the American Heart Association's annual National Wear Red Day[®] on February 7, 2020.

WHEREAS, cardiovascular diseases are the number one killer of women in the United States; and

WHEREAS, a woman dies from cardiovascular disease in the United States almost every eighty seconds; and

WHEREAS, while heart disease and stroke can affect women at any age, new research shows a rise in heart attacks in younger women; and

WHEREAS, about eighty percent of cardiovascular events can be prevented through education and lifestyle changes; and

WHEREAS, risk factors for heart disease, such as blood pressure, smoking, and cholesterol, can be controlled; and

WHEREAS, women are encouraged to commit to making physical activity and healthy eating a priority to improve heart health; and

WHEREAS, the American Heart Association's Go Red For Women[®] movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, Go Red For Women[®] encourages women to take charge of their heart health through the "Watch Me Go Red" campaign, which is designed to encourage women to share what they do to experience good health and well-being and inspire others to do the same; and

WHEREAS, the health of all Tennessee women is of paramount importance, and it is fitting that this General Assembly join with the American Heart Association in raising awareness of the prevalence of cardiovascular diseases in women and encourage women to take preventive measures in their lives; now, therefore,

BE IT RESOLVED BY THE SENATE OF THE ONE HUNDRED ELEVENTH GENERAL ASSEMBLY OF THE STATE OF TENNESSEE, THE HOUSE OF REPRESENTATIVES CONCURRING, that we hereby honor and recognize the American Heart Association's National Wear Red Day[®] on February 7, 2020, and applaud the effort put forth by this organization on behalf of women to raise awareness of heart disease and stroke and save lives.

BE IT FURTHER RESOLVED, that an appropriate copy of this resolution be prepared for presentation with this final clause omitted from such copy and upon proper request made to the appropriate clerk, the language immediately following the State seal appear without House or Senate designation.